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REPERTORY TO THE MODALITIES,

IN THEIR RELATIONS TO

TEMPERATURE, AIR, WATER, WINDS, WEATHER, AND SEASONS.

BASED MAINLY UPON

HERING'S CONDENSED MATERIA MEDICA.

WITH

ADDITIONS FROM ALLEN, LIPPE, AND HALE.

COMPILED AND ARRANGED

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To

SAMUEL H. WORCESTER, M.D.,

This Book

IS DEDICATED BY THE AUTHOR, HIS SON,

AS A

TOKEN OF RESPECT AND AFFECTION.

PREFACE.

THIS little book was originally compiled to meet a want felt in my daily practice. With its help I have many times been able in a few moments to decide upon the indicated remedy, while, without it, a longer search would have been required than the busy physician is able, or the indolent physician willing, to make.

The book has been arranged on a different plan from other repertories, but I think that the difference will tend to make the work more practical and useful. In nearly every instance the exact language of the text has been given, together with the associated symptoms; thus enabling a more careful discrimination to be made.

A repertory should not take the place of the Materia Medica; it ought only to serve as a guide by whose help the physician may know where in the Materia Medica he is to seek for the remedy which will probably *cover the totality of the symptoms;* for no prescription can be scientifically based upon one symptom.

If any one misses a symptom or indication which he has

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THE SUN,—EFFECTS OF ITS HEAT AND LIGHT.

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Vertigo, confusion of the head, spreading from occiput over whole head; pupils dilated, dim sight; general depression from heat of sun or summer. *Gelsem.*

*Sunstroke: vertigo, violent pain; pale face, feeble pulse; labored breathing, nausea; comatose; or, throbbing in head; face yellowish-red or livid; eyes fixed; pulse full, slow; tongue coated, no appetite. *Glonoin.*

*Dulness of the head when at rest or when in the sun. *Natr. carb.*

*Intoxication from drunkenness of the previous day, with vanishing of sight and hearing; worse after dinner and in the sun. *Nux vom.*

HEAD, INNER.—Sunstroke, especially from sleeping in the rays of the sun. *Acon.*

Headache, as if the brain were moved or raised; worse during motion, drinking, talking, or sunlight. *Acon.*

Pressive sticking on the vertex, which extends through the whole head, whenever he stands in the sun. *Baryta carb.*

Headache from the heat of the sun. *Bellad.*

Headache; heavy pressure in forehead from heat of the sun, passes off in the shade. *Bromium.*

Congestion to the brain, blood-shot eyes, coma, suffocation, flushes in the face; fever, from exposure to the sun's rays. *Cactus.*

Headache, with restlessness, icy coldness of the body, bleeding of the nose, constriction in the throat, thirst, nausea, and vomiting, in the sun. *Cadmium sulph.*

Headache; worse going upstairs; talking or walking; in hot . *Calc. carb.*

Inflammation of the brain after sunstroke; falling off of hair. *Camph.*

*Headache worse in the sun. *Glonoin.*

The headache is worse when walking in the sun. *Hippomanes.*

*Headache in the sun, glimmering sight. *Lachesis.*

Congestive headache, must hold the head in the hands, worse walking in open air, better at sunset. *Lilium tig.*

*Headache from the sun. *Natrum carb.*

*Headache from sunrise till sunset, worse at midday; right eye congested; worse from light. *Natrum mur.*

*Stunning headache in the morning after eating, and in the sunshine. *Nux vom.*, *Sanguin. can.*

Violent stinging over left eye, when walking in the sun. *Selen.*

Tormenting sensation of heat in whole head, mostly vertex, with great dulness; after sunstroke. *Stramon.*

*Sunstroke. *Theridion.*

*Headache in the sunshine. *Valeriana.*

Fulness in the head, throbbing arteries; increased sensitiveness to sounds; buzzing in the ears; double or partial vision; sunstroke. *Verat. vir.*

HEAD, OUTER.—Falling off of hair, especially during pregnancy, with great aversion to the sun's rays. *Laches.*

Supports head with hands while bending or rising; after sunstroke. *Stramonium.*

EYES.—Eyes worse in the sunlight. *Camphora.*

Complaints from bright sunlight. *Clematis.*

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*Pupils dilated; eyes upturned; sunstroke; eyes rolled outwards and up; convulsions. *Glonoinum.*

Sunlight causes headache. *Ignatia.*

Sunlight blinds him. *Lithium.*

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FACE.—Faceache, from left malar to ear, teeth, nose and head; painful spots burn like fire, and are sensitive to the sun. *Thuja.*

COUGH.—Cough in the hot sun; coming into warm room from cold air. *Antimon. crud.*

NERVES.—Tetanus, while working in hot sun. *Bellad.*

GENERALITIES.—Great heat from little exercise, especially in the sun. *Ant. crud.*

Worse from sun. *Bellad.*

Head symptoms worse in the sun. *Hyos.*

Sneezing in the sunshine. *Merc. sulph.*

Worse in the heat of sun (feels exhausted); worse in summer. *Natr. mur.*

Chronic symptoms arising from sunstroke (?). *Scutellaria.*

CHILL, FEVER, SWEAT.—Intermittent fever, with congestion to head, flushes in the face, suppressed urine, pains in the bladder, lancinating in the heart, violent vomiting; sweat does not appear; after exposure to the sun. *Cactus.*

SKIN.—Erythema from the sun's rays. *Acon.*

Erythema from exposure to sun's rays. *Cantharis.*

CHAPTER II.

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SECTION I.

DESIRE FOR OR RELIEVED BY EXTERNAL HEAT OR WARMTH.

HEAD, INNER.—Pressive-bursting headache, with fulness, nausea, and vomiting, better from heat. *Capsic.*

Dull pain in forehead, which is cold, relieved by heat. *Cinnab.*

Headache is relieved, after supper, from warmth, and lying quiet in bed. *Colchic.*

Heat and tingling in head; inflammation of brain; worse from becoming cold, better from heat. *Hyoscy.*

Trembling or shaking of the head; the head is bent backward (during spasms), relieved by heat. *Ignatia.*

*Forehead: stitches, also in the temples, worse from stooping, moving head, eyes, or jaw; better raising the head, and from heat. *Kali carb.*

Cutting headache, as if a part of the right side of the head were cut off, relieved by heat. *Laches.*

*Brain as if loose, with wabbling on motion, as if it struck the sides of the head; better from warmth, except warmth of bed. *Nux mosch.*

*Stupefying headache, with buzzing; better from warmth and motion. *Rhus tox.*

Headaches better from hot compresses. *Silicea.*

Brain aches as if torn to pieces, morning on rising from bed, better from rest and warmth. *Staphis.*

Tearing in neck and over head, shunning light; better from warmth, worse from cold. *Stramon.*

Tension from vertex to the upper jaw, as if the head were expanded from within, better from heat. *Stront. carb.*

HEAD, OUTER.—Formication of the scalp, relieved by heat. *Acon.*

Starting, trembling of the head, worse moving the head; with this, single jerks, like electric shocks, worse in the cold, better from warmth and at rest. *Cicuta.*

Rheumatic pains in scalp, relieved by warmth and getting warm while walking. *Graph.*

Cold, clammy, sour perspiration on head and face, better from warmth. *Hepar sulph.*

*Painful tumors on the scalp, like blood boils; worse from pressure and motion, less from heat. *Kali carb.*

Pains in cranial bones and scalp, worse from cold, better from heat. *Mezer.*

*Temples sensitive to touch and from lying on them; worse in wet cold weather, better from warmth. *Nux moschata.*

*Violent drawing and tearing in the bones and in the periosteum of the cranial bones, better from dry heat and from exercise. *Rhododendron.*

NOSE.—Coryza; fluent in a cold room; stopped in warm air and outdoors. *Calc. phos.*

FACE.—Pimples and vesicles, with acrid discharge; itching, burning; worse at night, in cold air, better from warmth. *Arsen. alb.*

Facial symptoms relieved by external heat. *Benz. ac.*

Tensive-tearing pain, with heat and swelling, especially of left

side, worse from touch or motion, better in perfect rest and from external application of warmth. *Colocynth.*

Violent tearing-jerking faceache; worse in the wind and from changes in the weather, better while eating and from warmth. *Rhododendron.*

Pain commencing at 9 P.M. in ramus of lower jaw and temple of right side, better from warmth, and from lying on the affected side. *Sulph. acid.*

TEETH.—Violent drawing aching in carious teeth, less in the air and in warmth, worse in evening. *Bovista.*

*Toothache, with swelling of the cheek; relieved by the heat of the bed and warm applications. *Lycop.*

*Tingling toothache, better from warm applications. *Muriatic acid.*

*Pain in front teeth during pregnancy; stinging, tearing; better from warmth. *Nux moschata.*

Toothache worse from anything cold, better from warmth. *Nux vom.*

Toothache, better from warmth than from cold. *Rhodod.*

Neuralgia of inferior and superior dental nerves; teeth loose; snags come away; gums swollen; pains worse from change of weather, better from warmth. *Rhodod.*

*Jumping shooting, as if teeth were being torn out; or slow pricking, throbbing, or tearing, extending into jaws and temples; face sore; worse at night, from cold, better from external heat *Rhus tox.*

*Toothache, worse in evening in bed, aggravated by cold, better from heat. *Sulph. ac.*

ABDOMEN.—Severe cutting abdominal pains, relieved by passage of wind and by warm applications. *Arsen. iod.*

Wind-colic; abdomen distended like a drum; wind passes in

small quantities without relief; relieved by applying warm cloths. *Chamom.*

Colic and pressure in stomach, with nausea, relieved by heat. *Graphit.*

Pain in bowels at daybreak, better from external warmth and bending forward while lying on side, worse lying on back. *Podoph.*

Abdominal pains relieved by warmth. *Silicea.*

STOOL.—Hæmorrhoids, with stitching pain when walking or sitting, not when at stool; with burning pain, relieved by heat. *Arsen. alb.*

LIMBS, UPPER.—Boring in right shoulder, and from biceps to elbow, worse from motion, better from heat. *Ferrum.*

LIMBS, LOWER.—Peculiar chilliness of left thigh, with formication and weight in left foot; chilliness relieved by warmth. *Arsen. iod.*

Warm applications relieve pains in the knees. *Canth.*

After going to bed cramp in legs, relieved by hot cloths. *Pallad.*

Sciatica, right side, dull aching pain, worse at night, in cold or damp weather; relieved by rubbing, heat, and when warmed by exercise; numbness and formication. *Rhus tox.*

Excessive itching of the legs below the knees, but no eruption, worse on exposure to the atmosphere or cold, relieved by warmth. *Stillingia.*

ALL THE LIMBS.—Amelioration of the rheumatic pains in limbs, from heat. *Caustic.*

Drawing tearing in the limbs at night and on alternate days, worse at rest: muscles and joints rigid, painful, with numbness; [illegible]med, also with arthritic nodes; swelling of the

dorsa of the feet; rheumatism; worse in wet weather, better in warmth. *Lycop.*

Muscular rheumatism, from protracted exposure to cold and damp; fugitive drawing pains; worse in repose, from cold, damp air, and cold wet clothes, better from warmth. *Nux mosch.*

GENERALITIES.—Generally better in warmth, worse in cold air, outdoor. *Alum.*

Warmth almost always relieves the pains. *Arsen. alb.* May. Phos

Generally better in warmth, worse in cold air. *Calc. carb.*

Generally better in warmth. *Capsicum.*

Artificial heat relieves the heat and coldness. *Corall.*

Amelioration from warmth. *Hepar s. c.*

Generally better from warmth. *Kreosot.*

Generally better from warmth and warm air. *Petrol.*

General amelioration from wrapping up, from warmth. *Rheum.*

Generally better from warmth. *Rhus tox.*

CHILL, FEVER, SWEAT.—Chill and chilliness predominating; often as if cold water were poured over one; better from external warmth. *Baryta carb.*

Chill, the skin of ordinary temperature, with headache and violent thirst, relieved by external heat. *Corall. rubr.*

Pulse small and quick; desire for increased heat. *Gymnoclad.*

*Chill, with thirst, better from external warmth. *Ignatia.*

*Chilliness in back, with sleepiness; seeks a warm place. *Kali bich.*

Chilly, with thirst, and desire for heat. *Mezereum.*

TISSUES.—Ulcers sensitive to touch; ichorous, offensive discharge; many small pimples surround them; areolæ purple; better from warmth. *Lachesis.*

SECTION II.

WORSE FROM OR AVERSION TO EXTERNAL HEAT OR WARMTH.

HEAD, INNER.—Headaches are worse from heat and better from cold applications. *Aloe.*

Pulsation in right side of forehead, worse from heat. *Ant. tart.*

Tearing in right side of head, extending into cheek and jaw-bones; worse from motion and heat. *Bryon.*

Feeling of soreness (as if beaten), in back part of head, worse from heat. *Euphorb.*

*Stitches in the temples, mostly on right side, from within to without, worse from heat. *Lycop.*

*Headaches are worse in the morning on waking, moving the head or the eyes; mental exertion or warmth; better from sitting still or lying down, and from sweat. *Natr. mur.*

HEAD, OUTER.—Trembling of the head and sleepiness, worse from heat. *Ant. tart.*

Neuralgia each afternoon, becoming worse at night; pain from back of neck up over scalp to top of head and temples, also affecting face, mostly on right side; parts tender to touch; pain shooting, sometimes in spots; better cold, worse heat. *Kalmia.*

Eruption, beginning on the back of the head; crusts thick, easily bleeding, oozing a fetid moisture; worse after scratching, and from warmth. *Lycopodium.*

EYES.—Much worse from the heat and glare of fire. *Merc.*

Lids spasmodically closed; thick, red, swollen, erysipelatous; sensitive to cold, heat, and touch. *Merc.*

NOSE.—Coryza: fluent, corrosive, with much sneezing; nostrils bleeding, scurfy; nose red, swollen, shining; worse from

damp weather, at night, from either warm or cold air; not relieved by sweat. *Mercurius.*

FACE.—Isolated stitches in face, worse in evening in bed; warmth aggravates, and cold water relieves the pain. *Chelidon.*

Rash in the face, itching in the warmth, becoming red and burning when moistened. *Euphras.*

Burning-itching rash on forehead and upper part of face, worse in evening and from warmth. *Mar. ver.*

Neuralgic pains come quickly, and leave the parts numb, worse from warmth. *Mezereum.*

TEETH.—Drawing pain, now in one, and again in another tooth, increased by warmth, momentarily relieved by cold, not aggravated by chewing, and passes off after a meal; at the same time the inner portion of the gums was swollen. *Ambra.*

*Excruciating pains, cutting, tearing in all the teeth of right upper jaw, radiating to the ear; worse from external warmth and inhaling fresh air. *Arnica rad.*

Tearing-stitching toothache while eating, extending to the muscles of the neck, aggravated by warmth. *Bryonia alb.*

Stabbing in gums, worse from hot applications, better from cold. *Glonoinum.*

Tearing pain, worse by warmth; renewed by going to bed, worse by cold drinking. *Graphites.*

In evening and at night pricking toothache in the molars; can bear neither cold nor heat. *Helleb. nig.*

Toothache, worse from heat. *Merc.*

Bleeding, swollen gums; tearing pains in teeth, worse when warm in bed, and from heat or cold; burning in front teeth during the night. *Phosph. ac.*

*Pulsating and boring in the teeth, worse from heat. *Sulph.*

STOMACH.—Pains in stomach worse from warmth. *Petroleum.*

BREATHING.—Morning asthma, worse in warm air. *Aurum met.*

COUGH.—Cough worse in a warm or cold draught. *Capsicum.*

Cough aggravated by warmth. *Drosera.*

Cough, short, titillating ; dyspnœa, from heart disease, as stenosis of the valves ; cannot lie down ; whizzing, with sensation as if the mucous membrane were too dry ; worse towards evening, from motion, stooping, eating, drinking, and warmth ; with copious jellylike sputa, dotted with bloody points. *Laurocerasus.*

Hacking cough, from an irritation in the throat, much increased by the heat and cold air. *Hypericum.*

ALL THE LIMBS.—Tingling in lower limbs and feet, worse in the heels. *Lachnanthes.*

*Jerking-tearing, drawing in muscles, shifting rapidly from place to place ; worse at night, from warmth ; better from uncovering. *Pulsatilla.*

Rheumatism with numb feeling ; worse from warmth, from moving, at night, after 12 P.M. ; better from cold and after sweating. *Thuja.*

GENERALITIES.—Aggravation from heat, especially from warm room. *Apis.*

*Hot weather, worse from sun, from heat. *Bellad.*

Can bear no heat, with pain in joints. *Guaiacum.*

Bed feels so hot she can hardly lie on it, better from cold, worse from heat. *Opium.*

*Aversion to heat, or to being covered. *Secale.*

CHILL, FEVER, SWEAT.—Cold feeling, not relieved by covering, or warmth of room. *Asarum.*

Chill in evening, not relieved by external warmth. *Cantharis.*

Chill not relieved by external warmth, mostly in the evening, with great paleness of the face. *Cina.*

Internal chill in the afternoon and evening; attended with shivering through the whole body, but more in the back and on the legs; not relieved by external warmth. *Cocculus.*

Chill commencing in or spreading from the back, not relieved by warmth; mostly towards evening. *Dulcamara.*

Only external heat without thirst, with aversion to external heat. *Ignat.*

*Chill (internally), worse from external heat. *Ipecac.*

Intermittent fever; thirst with the chill; chill not lessened by warmth; mouth dry. *Kali hydr.*

*Chill, coldness and shivering in the afternoon and evening, not relieved by external warmth. *Lauroc.*

*Chill, evening and night in bed till morning; worse when moving and from drinking; with hot face; alternating with heat; mornings with constipation (in nursing children), not relieved by heat. *Nux vom.*

Chilliness and shivering over the whole body in a warm room. *Ptelea trif.*

TISSUES.—Ulcers, worse from external warmth. *Secale corn.*

Gangrene, from anæmia; external injuries, application of leeches or mustard; better from cold, worse from heat. *Secale corn.*

SKIN.—Eruption itching when exposed to heat. *Aethus. cynap.*

All the skin feels cool in spite of a very warm room. *Chelid.*

Nettlerash, with much itching; after scratching it burns; increases in warmth, better in cold. *Dulcam.*

Ulcers painful, worse from warmth, better from cold; with copious discharge. *Fluoric acid.*

Ulcers superficial, flat, readily bleeding; base lardaceous; worse from heat of bed and hot or cold applications. *Merc.*

Body itches intolerably; worse in bed and from warmth; scratches until it bleeds. *Psorinum.*

*Dry, red pimples, only itching when exposed to the heat. *Sarsap.*

SECTION III.

EXPOSURE TO HEAT OF STOVE—DESIRE FOR OR GOOD EFFECTS FROM SUCH HEAT.

HEAD, INNER.—Pains in head relieved by warmth of the fire. *Sumbul.*

TEETH.—Toothache relieved by heat of stove. *Arsen. alb.*

GENERALITIES.—Great desire for the warmth of stove. *Cicuta.*

CHILL, FEVER, SWEAT.—Chilliness, creeping up and down the back, with burning in the anus, better from heat of fire. *Aesculus.*

Internal chill and shivering, with desire for warmth of stove, with stretching and bending of limbs, worse after warm drink. *Alumina.*

Chill and chilliness, with desire for warmth and warmth of stove. *Cicuta vir.*

Wants to be near stove but it increases the chill. *Cinchona.*

*Chill begins towards evening, relieved near the warm stove and after lying down. *Kali carb.*

Chill, which is relieved by heat of stove, and only remains in the back. *Menyanth.*

SECTION IV.

WORSE FROM OR NOT RELIEVED BY HEAT OF STOVE.

HEAD, INNER.—Pricking headache near the warm stove. *a carb.*

Headache, with rumbling in the abdomen, worse near warm stove. *Hippom.*

EYES.—*Ciliary blepharitis from being over a fire. *Argent. nit.*
*Much worse from the heat and glare of the fire. *Merc.*

TEETH.—*Pulsating and stinging in gums, worse from heat of stove. *Pulsat.*

ABDOMEN.—Rumbling in abdomen, renewed by every motion and on taking deep inspiration; with headache, worse near the warm stove. *Hippom.*

GENERALITIES.—*Heat of stove unbearable. *Natr. mur*
Generally worse from warmth of stove. *Nitrum.*

CHILL, FEVER, SWEAT.—Chill generally in evening in bed, or near the warm stove. *Alum.*

Chilly over the back, while sitting by a fire, in the forenoon. *Baptis. tinct.*

Chilliness not relieved by the heat of the stove. *Bellad.*

Chill predominating, even near a warm stove, morning and evening, and even at night, generally with thirst. *Bovista.*

Chill, with shivering and shaking, even near a warm stove; the chill ascends from the upper part of body to the head. *Cina.*

Wants to be near the stove, but it increases the chill. *Cinchon.*

*Chill in afternoon and evening, principally on the legs, and in the back, not relieved by heat. *Coccul.*

Chilliness even near the warm stove, intermingled with short flushes of heat. *Colchic.*

Chilliness internally, even near warm stove, principally in afternoon and evening. *Guaiacum.*

*Chill even near the stove, worse from 4 to 8 P.M. *Magn. mur.*

*Chill not relieved by the warmth of stove. *Merc.*

*Inability to keep warm at the stove. *Ptelea trif.*

Internal chilliness, and chill not relieved by the warmth of stove. *Phosphor.*

*Chill mostly left-sided, worse up and down the back; shakes even near warm stove. *Ruta.*

*Chill, with shaking even near the warm stove, mostly across the back. *Spongia.*

CHAPTER III.

BECOMING WARM.

SECTION I.

GOOD RESULTS FROM BECOMING WARM.

HEAD, INNER.—Tension in the back part of the head and neck, with nausea, worse when getting cold, better when getting warm. *Moschus.*

HEAD, OUTER.—Rheumatic pains in scalp, relieved by warmth, and by getting warm while walking. *Graphit.*

NOSE.—Coryza and dull hearing, better getting warm by walking. *Merc. bijod.*

LIMBS, LOWER.—Sciatica, right side, dull aching pain, worse at night, in cold or damp weather; relieved by rubbing, heat, and when warmed by exercise; numbness and formication. *Rhus. tox.*

GENERALITIES.—Generally better growing warm. *Aurum met.*

Amelioration from growing warm. *Kali carb.*

Worse while perspiring, better after. *Nitrum.*

SECTION II.

BAD RESULTS FROM BECOMING WARM.

HEAD, INNER.—Headaches worse from overheating, with copious sweat. *Glonoin.*

Headache worse from warmth of bed, getting warm while walking, and from mental exertion; better from the open, cold air, and uncovering the head. *Lycopodium.*

Headache worse from sexual excesses; overheating; better from exercise in open air; looking upward and turning the head backward. *Thuja.*

HEAD, OUTER.—Disposition to take cold about the head after getting wet or bathing in cold water; worse in evening and on getting warm; better in open air and when at rest. *Antimon. crud.*

Violent itching of the scalp, especially when getting warm, scratches on forehead until sore; not relieved by scratching. *Bovista.*

*Hair falls off after abdominal diseases; after parturition; with burning, scalding, itching of the scalp, especially on getting warm from exercise during the day. *Lycop.*

Hair covered with scurf, hair comes out in handfuls; scalp and face itch violently, worse when warm; white scales; desquamation; pityriasis. *Mezereum.*

Scalp very sore to the touch, followed by numbness; worse mornings, and on becoming heated. *Petroleum.*

Fine prickling stitches in skin of forehead and scalp when becoming warm. *Sabadilla.*

*Painful sensitiveness of the scalp, skin peels off, with itching and smarting, worse in evening, and from getting warm. *Staphisagria.*

EYES.—*Ciliary blepharitis from being over a fire; better from cold air and cold applications. *Argent. nit.*, *Merc.*

*Dim sight, especially on getting warm from exercise. *Puls.*

FACE.—Neuralgia after cold washing and overheating. *Ferrum.*

STOOL.—Diarrhœa, worse from vinegar and other acids; sour

wine; overheating; after cold bathing; at night and early in morning. *Antimon crud.*

SEXUAL ORGANS, FEMALE. — Metrorrhagia of dark, viscid, stringy blood, in black clots, after overheating, straining, or lifting, also after abortion or delivery; worse from slightest motion. *Crocus sat.*

LARYNX.—Loss of voice from getting overheated; better after rest. *Antimon. crud.*

COUGH.—Cough worse about midnight and toward morning, from getting heated. *Digitalis.*

*Dry cough, with sudden loss of breath; barking; hacking during pregnancy; excited by scratching in the throat, crawling in upper part of windpipe; caused by getting warm in bed; overheating. *Nux mosch.*

*Short dry cough as soon as he gets warm. *Pulsat.*

LIMBS, UPPER.—Fine stitches in wrists if the hands become warm, and during rest; they do not disappear on motion. *Bryonia alb.*

LIMBS, LOWER.—Intolerable itching of the ankles, feet, and toes, worse from warmth. *Rhus venen.*

ALL THE LIMBS.—*Rheumatism, tearing, lameness, and trembling, or crampy pains; or twisting in the affected limbs and frequent jerking of the whole body during sleep; worse from being overheated and from exertion. *Zincum.*

CHILL, FEVER, SWEAT.—Chill after getting heated. *Glonoinum.*

Chills up and down the back when warm. *Rhus venen.*

SKIN.—Itching on getting warm, continues after scratching. *Bovista.*

Itching when becoming heated in the open air. *Ignat.*

Biting itching when becoming warm through day. *Lycop.*

CHAPTER IV.

EFFECTS OF COLD IN GENERAL.

SECTION I.

BENEFICIAL EFFECTS FROM COLD IN GENERAL.

HEAD, INNER.—Headaches, worse from heat, better from cold and cold air. *Ant. tart.*

Sensation of soreness (as if beaten), in back part of head, better from cooling the head. *Euphorb.*

*Stitches in temples, mostly on right side, from within to without, better from cold. *Lycop.*

HEAD, OUTER.—Trembling of head and hands; chattering of teeth; debility and desire for sleep, better in cold air. *Ant. tart.*

Neuralgia each afternoon, becoming worse at night; pain from back of neck up over scalp to top of head and temples, also affecting face, mostly on right side. Parts tender to touch; pain shooting, sometimes in spots; better cold, worse heat. *Kalmia.*

FACE.—Pain in swollen face awakens at night, relieved by cold. *Niccolum.*

TEETH.—Drawing pain, now in one, and again in another tooth; increased by warmth, momentarily relieved by cold; not aggravated by chewing, and passes off after a meal; at the same time the inner portion of the gums was swollen. *Ambra.*

Drawing-tearing toothache from evening until midnight, more endurable in the greatest cold. *Carburet. sulph.*

LIMBS, LOWER.—Burning, beginning in soles and palms, thence over body; worse in bed; constant desire to find a cold place. *Lil. tigr.*

ALL THE LIMBS.—On getting warm in bed, severe sharp flying pains in all parts of the body, but especially in the limbs; pains relieved by motion and cold before soreness of the joints comes on; when motion and cold aggravate. *Cedron.*

Rheumatism, with numb feeling; worse in warmth, from moving, at night, after 12 P.M.; better from cold, and after sweating. *Thuja.*

GENERALITIES.—All symptoms disappear or are ameliorated in the cold. *Carburet. sulph.*

Bed feels so hot she can hardly lie on it; better from cold, worse from heat. *Opium.*

TISSUES.—Gangrene from anæmia; external injuries, application of leeches or mustard; better from cold, worse from heat; dry, of old people. *Secale.*

SKIN.—*Nettlerash, with much itching; after scratching it burns; increases in warmth, better in cold. *Dulcamara.*

Ulcers, painful; worse from warmth, better from cold; with copious discharge. *Fluoric acid.*

Ulcers, bleed easily, with burning stinging, or itching around them; with hard or red areolæ. *Pulsat.*

SECTION II.

WORSE FROM COLD OR BECOMING COLD.

HEAD, INNER.—Digging pain in forehead, with sensation as if the brain were enlarged, worse on becoming cold. *Dulcam.*

Heat and tingling in head; violent pulsations like waves, head shakes; worse, becoming cold, after eating; better bending head forward, and from heat. *Hyoscyamus.*

Tension in the back part of the head and neck, with nausea, worse when becoming cold, better when getting warm. *Moschus.*

*Brain as if loose, with wabbling on motion, as if it struck the sides of the head; sleepiness; worse after a meal; from cold; better from warmth, except from warmth of bed. *Nux. mosch.*

*Stupefying headache, running chills, with humming in head, worse when lying or sitting quietly or in the cold. *Puls.*

*Stupefying headache, with buzzing; worse when sitting or lying; in the cold, better from warmth and motion. *Rhus tox.*

*Heaviness in head and pressing out in forehead, if the head becomes cold in the open air. *Silicea.*

Tearing in neck and over head, shunning light; better from warmth; worse from cold; worse on getting up in morning. *Stram.*

HEAD, OUTER.—Starting, trembling of the head, worse moving the head; with this, single jerks, like electric shocks; worse in the cold; better at rest and from warmth. *Cicuta.*

Rheumatic pain in scalp, extending to teeth; worse, becoming cold in open air; relieved by warmth and getting warm. *Graph.*

The head is very sensitive to cold. *Gratiola.*

*Cranial bones, pain; are swollen and sensitive to cold and contact; worse from motion and in the evening. *Mezereum.*

*Scalp numb, with drawing pain, generally only on one side; worse from cold, contact, and in the evening. *Mezereum.*

Chilliness over scalp and upper part of back; worse in cold air. *Stront. carb.*

Tension on head, external and internal; worse from cold *Stront. carb.*

EYES.—Ophthalmia ; scrofulous, from every exposure to cold. *Dulcamara.*

EARS.—Sensation as if a skin were stretched over the right external ear, with tensive pressure within ; worse in the cold. *Asarum Europ.*

Hardness of hearing, as if the ears were stopped up, especially from cold, and having the hair cut. *Puls. nig.*

FACE.—Tearing in the face ; lacerating pains ; salivation ; from cold, or caries of the teeth. *Merc.*

NOSE.—Coryza, as soon as he becomes cold. *Graphites.*

TEETH.—*Toothache from cold, especially dry cold air; throbbing of one side of face ; redness of cheek ; restlessness. *Acon.*

Toothache ; after drinking cold liquids, or excited by draught, or cold. *Calc. carb.*

*Toothache from cold, especially with diarrhœa ; confusion in head ; profuse salivation ; teeth feel blunt, or as if asleep. *Dulcamara.*

Scurvy, from cold. *Dulcamara.*

Pricking toothache in molars ; can bear neither heat nor cold. *Helleborus.*

*Toothache in molars (from cold), as if they were crushed. *Ignatia.*

Toothache, while riding in a carriage ; worse in the cold. *Magnes. carb.*

Toothache from anything cold ; air or food. *Nux mosch.*

Bleeding swollen gums ; tearing pains in teeth, worse when warm in bed, and from heat or cold. *Phosph. acid.*

Jumping, shooting, as if teeth were being torn out ; or slow pricking, throbbing, or tearing, extending into jaws and temples ; face sore ; worse at night, from cold, from vexation. *Rhus tox.*

Toothache ; worse in evening, in bed ; aggravated by cold, better from heat. *Sulph. acid.*

TONGUE, etc.—Tongue and jaws become lame, if cold air or cold water touches him. *Dulcamara.*

NAUSEA AND VOMITING.—*Nausea and vomiting when riding in a carriage or getting cold. *Cocculus.*

Disposition to vomit, with profuse flow of saliva, on getting a chill or taking a cold. *Cocculus.*

ABDOMEN.—*Diarrhœa, with colic, after a cold. *Dulcam.*

*Colic, from cold; from evening air; from worms. *Merc.*

STOOL, etc.—*Diarrhœa; from cold, or change from warm to cold, especially cold damp weather. *Dulcamara.*

*Diarrhœa, from debility or from cold. *Nux mosch.*

*Stools mucous or watery, from indigestion or cold. *Nux vom.*

URINE.—Bright's disease, from exposure to cold or dampness. *Dulc.*

FEMALE SEXUAL ORGANS.—Suppressed menstruation, from cold. *Dulcamara.*

Suppression of milk, from a cold. *Dulcamara.*

Suppressed menstruation from cold. *Puls.*

COUGH.—Cough worse on getting the feet cold. *Baryta carb.*

Cough caused by a limb becoming cold. *Hepar s. c.*

Cough day and night, dry and teasing, from 3 to 4 A.M.; brought on by eating warm food, drinking; motion; sitting erect; lying on the side or exposure to cold; better after breakfast. *Kali carb.*

Constant dyspnœa, aggravated by slightest exertion, and by the shortest exposure to the cold. *Lobelia infl.*

Cough worse from mental effort; ascending; cold; exertion, on awakening. *Nux vom.*

Cough worse from cold, or becoming cold. *Sabad.*

OUTER CHEST.—Suffocative spasmodic constrictions of the chest, especially as soon as he becomes cold. *Moschus.*

Rheumatism of the lower intercostal, from exposure to cold and dampness. *Phytolacca.*

NECK, BACK.—Pain in back and small of back; from cold. *Nitric ac.*

Neck stiff, with heaviness; from cold. *Nux vom.*

LIMBS, UPPER.—The tips of the fingers are sensitive to the cold. *Cistus can.*

The arms feel numb in the cold. *Kali c.*

When writing, the cold table causes severe pains in hands and arms. *Fagopyrum.*

ALL THE LIMBS.—Paralytic drawing-in of the limbs in the morning when awakening; also, on getting cold. *Aurum met.*

On getting warm in bed, severe sharp flying pains in all parts of the body, but especially in the limbs; these pains are relieved by motion and cold, before soreness of the joints comes on, after which motion and cold aggravate. *Cedron.*

*Pain in joints, on exposure to cold. *Dulcamara.*

Muscular rheumatism, from protracted exposure to cold and damp; fugitive, drawing pains; worse in repose, from cold, damp air, and cold, wet clothes; better from warmth. *Nux moschata.*

Rheumatism, attacking mostly the muscles of the trunk and the large joints; pale, tensive swellings; numbness or twitching, worse from the least jar, or from cold. *Nux vomica.*

GENERALITIES.—*Chilblains, frostbite. *Agaricus.*

Ailments from cold and damp. *Aranea.*

Sudden cooling after overheating, followed by a cough, like consumption. *Arnica.*

General aggravation from cold, except headache, which is relieved by cold washing and cold air. *Arsen. alb.*

*Cold damp cellars aggravate or bring on complaints (sciatica). *Arsen. alb.*

Aggravation on getting cold. *Aurum fol.*

When sitting still, numbness and stinging along the course of such arteries as are compressed, worse when cold. *Fagopyrum.*

Aggravation from becoming cold. *Graph.*

Colic, worse from cold. *Mephitis.*

*Bad effects from sitting on cold stones. *Nux vom.*

General aggravation from uncovering, from cold; amelioration from wrapping, from warmth. *Rheum.*

*Worse from cold in general. *Rhus tox.*

General sensitiveness to cold. *Sabad.*

SKIN.—*Frostbites, itching; inflamed from slight degree of cold; skin cracked. *Nitric acid.*

Red blotches and stripes more permanent in cold. *Sabadilla.*

Itching of skin below the knees upon exposure to atmosphere or cold, better from warmth or covering. *Stillingia.*

SECTION III.

LESSENED SENSITIVENESS TO COLD.

GENERALITIES.—Is not so sensitive to cold as usual. *Cann. ind.*

*Increased ability to exercise his muscles without fatigue, regardless of the most excessive heat in summer or cold in winter. *Fluor. ac.*

SECTION IV.

TAKES COLD EASILY AND INCREASED SENSITIVENESS TO COLD.

HEAD, OUTER.—*Head sensitive to cold. *Baryta carb.*

*Takes cold easily, especially on exposing the head. *Bellad.*

Sensitiveness of external head to cold and change of weather. *Borax.*

Takes cold easily in head, especially from dry cold air. *Hyos.*

*After being heated, liable to cold from a draught, causing headache, toothache, and backache. *Kali carb.*

Cranial bones pain, and are sensitive to cold and contact. *Mezereum.*

*Liability to take cold in the head. *Natr. mur.*

*Liable to take cold in the head, mostly from dry wind or from a draught. *Nux vom.*

*Tendency to take cold in the head, which cannot possibly be uncovered. *Silicea.*

EYES.—*Lids spasmodically closed; thick, red, swollen, erysipelatous; sensitive to cold, heat, and to touch. *Merc.*

NOSE.—Coryza fluent; violent sneezing; worse at night when nose is obstructed; worse from the least draught of air. *Natr. carb.*

Liable to catch cold; coryza fluent, alternately with stoppage of the nose; posterior nares dry, with hawking, in the morning; spasms of sneezing each morning, or ineffectual attempts. *Natr. mur.*

THROAT.—*Liability to throat troubles after least exposure to cold. *Baryta carb.*

Throat peculiarly sensitive to cold, slightest exposure resulting in inflammation, with increase of pain and impeded deglutition. *Fluoric ac.*

SEXUAL ORGANS, MALE.—Impotence from taking cold. *Moschus.*

GENERALITIES.—Sensitive to draught; liable to take cold. *Anacard.*

Very sensitive to cold. *Aurum met.*

*Takes cold easily. *Bellad.*

*Oversensitiveness to open air or wind. *Chamom.*

Takes cold easily. *Graphites.*

Sensitive to cold. *Hyperic.*

*Oversensitive to heat and cold. *Ipecac.*

Excessively cold and excessively warm weather causes great debility. *Lachesis.*

*Great liability to take cold; aversion to open air. *Natr. carb.*

CHILL, FEVER, SWEAT.—*Takes cold very easily. *Calc. carb.*

Great sensitiveness to cold. *Coffea.*

Great sensitiveness to cold. *Digitalis.*

*Takes cold easily. *Lycop.*

Liability to take cold. *Magnes. mur.*

*Takes cold easily. *Nux vom.*

Takes cold easily, and with it stinging and tearing in limbs. *Phosph.*

SECTION V.

ILL RESULTS FROM TAKING COLD.

HEAD, INNER.—Headache from taking cold in the head. *Bell.*

HEAD, OUTER.—*Head painfully sensitive to pressure, especially of the hat, worse from taking cold. *Carbo veg.*

Head affected from taking cold. *Phosph.*

EYES.—Ophthalmia from catching cold. *Dulcamara.*

Eyes water, with headache, from a cold. *Lachesis.*

EARS.—*Earache from a cold. *Gelsem.*

Deafness from a cold. *Viscum alb.*

NOSE.—*From the least cold, violent coryza. *Kali hydriod.*

TEETH.—Toothache from caries or from a cold. *Carbolic acid.*

Twitching tearing in the upper molar teeth from taking cold in a draught of air. *Cinchona.*

*Toothache from a cold or purely nervous. *Gels.*

THROAT. — Inflammation of throat after catching cold. *Dulcam.*

NAUSEA AND VOMITING.—Disposition to vomit, with profuse flow of saliva, on getting a chill or taking a cold. *Cocculus.*

ABDOMEN.—*Colic, as from taking cold. *Dulcam.*

Colic pains from colds. *Hedeoma.*

Colic pain, with discharge of flatulence, from taking cold. *Sambucus.*

STOOL.—*Diarrhœa from cold. *Chamom.*

*Yellow watery diarrhœa, with tearing-cutting colic before every evacuation, as after taking cold. *Dulcamara.*

Constipation from taking cold. *Ignatia.*

*Yellow stool, soft and watery, with violent sudden urging and tenesmus; watery, yellow, discharged with a gush; worse from milk, after eating, and from taking cold. *Natr. carb.*

URINE.—Dysuria and frequent desire to urinate, with pain and heat, after a cold. *Nitrum.*

SEXUAL ORGANS, FEMALE.—Menses suppressed by a fright or a cold. *Aconitum.*

Sudden suppression of menses by a cold. *Aralia.*

*Menses suppressed from a cold; febrile symptoms; rheumatic pains in the limbs; uterine cramps. *Cimicif.*, (*Actœa racem.*).

Menses or milk suppressed by a cold. *Dulcam.*, *Hedeoma*, *Nux moschata*, *Puls.*

PREGNANCY.—Lochia or milk suppressed by a cold or damp. *Dulcam.*

Mammæ swell from taking cold; streaks of inflammation; galactorrhœa. *Rhus tox.*

BREATHING.—*Oppressed breathing from an accumulation of mucus from a cold. *Dulcamara.*

*Asthma from taking cold; cannot lie down. *Spongia.*

NECK AND BACK.—Lameness of small of back and stiffness of the neck from a cold. *Dulcam.*

Lumbago from a cold. *Rhus venen.*

LIMBS, LOWER.—Rheumatism of lower extremities; the slightest motion brings on violent pains, particularly in hips and knees, with redness and swelling of the feet, from a cold. *Carburet. sulph.*

Inflammatory sciatica in left thigh and inability to walk, brought on by taking cold. *Carburet. sulph.*

ALL THE LIMBS.—Rheumatism after every cold. *Calc. phos.*

After a cold violent pain in limbs. *Guaiacum.*

Rheumatic pains in limbs from taking cold. *Nitr. ac.*

GENERALITIES.—Results of getting cold from wet and cold weather. *Berberis.*

Aggravation after taking cold. *Cham.*

*Chorea from undue exposure to cold. *Cimicifuga*, (*Actæa*).

*Rheumatic and other complaints from a cold. *Dulcam.*

CHAPTER V.

COLD APPLICATIONS.

SECTION I.

BETTER FROM COLD APPLICATIONS.

HEAD, INNER.—Headache worse from heat and better from cold applications. *Aloe.*

EYES.—*Ciliary blepharitis from being over a fire, better from cold applications. *Argent. nit., Merc.*

FACE.—The pain in swollen face, awaking at night, relieved by cold. *Niccolum.*

TEETH.—Drawing pain, now in one and again in another tooth, increased by warmth, momentarily removed by cold. *Ambra.*

Stabbing in gums, worse from hot applications, better from cold. *Glonoinum.*

SECTION II.

WORSE FROM COLD APPLICATIONS.

TEETH.—Smarting toothache, made insupportable when anything cold touches the teeth. *Mangan. acet.*

CHILL, FEVER, AND SWEAT.—Chill from touching anything cold. *Zincum.*

SKIN.—Ulcers superficial, flat, readily bleeding; base lardaceous; worse from hot or cold applications. *Merc.*

CHAPTER VI.

FOOD AND DRINK.

SECTION I.

DESIRE FOR, OR BETTER FROM, WARM FOOD OR DRINK.

HEAD, INNER.—Sick headache relieved by drinking warm water. *Therid.*

TEETH.—*Toothache, with swollen face, better from warm drinks. *Nux vom.*

Toothache better from warm drinks. *Sanguin.*

THROAT.—*The pains in the throat are worse in the evening and at night, and are relieved by warm food and drinks. *Alum.*

Throat is better on taking warm drinks. *Guaræa.*

*Can swallow warm food more easily, in sore throat. *Sabad.*

DESIRES AND AVERSIONS.—*Thirstless, even aversion to cold water; drinks only warm drinks. *Caladium.*

*Desire for cold water at noon, and warm during night. *Cedron.*

Thirst in evening, and craves only warm drinks. *Cedron.*

While taking the medicine inclination for warm drinks; after the proving, continual thirst for cold water. *Chelid.*

Desire for warm food; eats hastily. *Cupr. met.*

*Desire for hot drinks, in angina. *Sabad.*

EATING AND DRINKING.—Warm fluids relieve, cold aggravate, pains in stomach. *Argent. nit.*

STOMACH.—Pains in stomach necessitate eating, better from warm milk. *Graphites.*

*Gastralgia worse from food, better from hot drinks. *Nux vom.*

ABDOMEN.—Colic better from hot milk. *Croton.*

COUGH.—*Cough worse from mental effort, better from hot drink. *Nux vom.*

Cough better from eating or drinking warm things. *Spongia.*

GENERALITIES.—Better from warm food or drink. *Lycopod.*

CHILL, FEVER, SWEAT.—During fever, intense thirst and desire for cold water; during apyrexia, thirst and desire for warm drinks. *Cedron.*

Chill worse in a warm room or from external heat, less from warm drinks and in open air. *Ipecac.*

SECTION II.

AVERSION TO, OR WORSE FROM, WARM FOOD OR DRINKS.

MIND.—*Anxious and warm through the whole body, especially in the head, while eating warm food. *Magnes. carb.*

FACE.—*Facial neuralgia, nervous excitation coming at irregular intervals, worse from hot things in mouth. *Puls.*

TEETH.—Teeth painful when touched by warm food and drink. *Agnus cast.*

*Aggravation of toothache, from warm drinks, during menses. *Amm. carb.*

Toothache on taking something warm in mouth. *Anac.*

Burning stitches in a hollow tooth when touched by warm food, left side. *Baryta carb.*

*Toothache relieved by cold water, aggravated by taking anything warm in the mouth. *Bryonia alb.*

*Toothache worse from warm or cold drinks. *Calc. carb.*

Tearing in teeth from hot, cold, or salt food. *Carbo veg.*

Toothache brought on from warm food. *Carburet. sulph.*

*Toothache if anything warm is taken into the mouth, especially coffee. *Chamom.*

Toothache aggravated by hot or warm drink. *Coffea.*

Stitching toothache mornings after warm drink. *Drosera.*

Teeth ache only when eating; throbbing; worse when touched by anything cold or warm. *Kali carb.*

Pain in all the teeth when drinking warm things. *Lachnan.*

*Toothache worse from cold or warm things. *Mercurius.*

*Gums sensitive to warm and cold things. *Natr. mur.*

Throbbing toothache, with great restlessness, worse from warm, but intolerable from hot drinks. *Natr. sulph.*

Pricking stinging in teeth, worse from warm food. *Phosph.*

Burning in front teeth, worse from hot and cold things. *Phosph. ac.*

*Toothache from anything warm in the mouth. *Puls.*

Toothache, with pain in face, from hot food or drink. *Sabadilla.*

TONGUE.—*Burning pain at tip of tongue, as from soreness; worse from warm food or drink. *Calc. carb.*

MOUTH.—Mouth inflamed, sore, worse from warm food, not annoyed by cold food. *Psorin.*

Cannot bear anything hot in mouth. *Sabad.*

THROAT.—*Fauces brownish-red; diphtheritic patches spreading from right tonsil to left, or descending from the nose; worse from warm drinks and after a sleep. *Lycop.*

DESIRES, AVERSIONS.—*Aversion to coffee and warm drinks. *Chamom.*

Aversion to hot things. *Ferrum.*

Aversion to warm things, tobacco, meat, and brandy. *Ignatia.*

Aversion to meat, fat, or all warm cooked food. *Petrol.*

*Averse to warm, cooked food, desires only cold things, disgust for meat. *Silicea.*

*Averse to warm things. *Veratrum alb.*

Aversion to cooked or warm things. *Zinc.*

EATING AND DRINKING.—Warm drinks impede digestion. *Cinchona.*

Milk and warm food disagree. *Kali carb.*

NAUSEA AND VOMITING.—Eructations and heartburn after eating warm bread or coffee. *Erechthites.*

Vomiting of food after eating it warm. *Lobelia infl.*

Hiccough after hot drinks. *Veratr. alb.*

STOOL.—Bilious diarrhœa, worse during day, soon after drinking, especially warm drinks. *Fluor. ac.*

BREATHING.—Asthmatic attack, seemingly produced by an accumulation of flatus, worse from warm diet. *Chamom.*

COUGH.—Cough from eating warm food. *Baryta carb.*

Cough after warm drinks. *Capsicum.*

Cough after warm drink. *Ignatia.*

*Cough day and night, from eating warm food. *Kali carb.*

When eating or drinking anything hot, has to cough till the food is vomited up. *Mezereum.*

*Cough from drinking anything warm. *Stannum.*

GENERALITIES.—Aggravation from warm drink, especially warm milk. *Ambra.*

CHILL, FEVER, SWEAT.—Internal chill and shivering, worse after warm drink. *Alumina.*

*Perspiration more on upper part of body, increased by warm drink. *Kali carb.*

*Excessive cold sweat, mostly on upper part of body, immediately after eating warm food. *Sulph. ac.*

SECTION III.

DESIRE FOR, OR GOOD RESULTS FROM, COLD FOOD AND DRINK.

HEAD, INNER.—Jerking in head from behind forwards; dark before the eyes; unconscious; better from a drink of cold water. *Kali carb.*

FACE.—Pressure in the region of malar bones, better running about and holding cold water in the mouth. *Bismuth.*

TEETH.—Toothache relieved by taking cold water in the mouth, worse when it becomes warm, *Bismuth.*

*Toothache momentarily relieved by cold water, aggravated by taking anything warm in the mouth. *Bryonia alb.*

Toothache better from cold water. *Clematis.*

*Toothache ameliorated when holding ice or ice-cold water in mouth. *Coffea.*

*Toothache better from taking cold water in mouth. *Puls.*

Toothache from warm food. *Silicea.*

TONGUE.—*Bitter taste and inclination to vomit, relieved by frequent drinking of cold water. *Bryon.*

MOUTH.—Dryness of the mouth and lips, relieved by drinking cold water. *Kali bich.*

THROAT.—*The throat is parched, accompanied by intense thirst for cold drinks. *Cannab. ind.*

*Blisters on palate, better from cold things. *Natr. sulph.*

DESIRES AND AVERSIONS. — Thirst for cold drinks. *Ailanthus.*

*Appetite only for bread or cold food. *Ammon. carb.*

*Thirst for cold water. *Antimon. tart.*

Thirst for cold water. *Arnica.*

*Excessive thirst for cold or refreshing drinks; drinks fre-

quently, but little at a time, or may drink much and often. *Arsen. alb.*

Thirst in evening for cold drinks (without heat). *Berberis.*

Longing for cold drinks. *Bovista.*

*Desire for large quantities of cold water. *Bryonia.*

*Continued violent thirst for cold drinks (at night). *Calc. carb.*

Thirst for cold drinks. *Causticum.*

Desire for cold water at noon and warm in night. *Cedron.*

Great thirst and desire for cold water. *Cedron.*

*Thirst for cold water; likes to hold it a long time in the mouth. *Cham.*

Whilst taking the medicine inclination for warm drinks; after the proving, continual thirst for cold water. *Chelidon. maj.*

*Violent thirst for cold water (little at a time, but often). *Cinchona.*

Desires cooling things or cool water. *Cinchona.*

Longs for cold drinks, especially beer. *Cocculus.*

White coating on tongue and desire for cold drinks. *Cornus circin.*

Excessive thirst for cold drinks. *Crocus.*

Thirst for cooling drink. *Cuprum met.*

*Great thirst for cold drinks, with dryness of tongue and increased saliva. *Dulcamara.*

Longs for cold water and ice-cream. *Eupat. perf.*

Nocturnal thirst for something cold. *Eupat. perf.*

Great thirst for cold drinks. *Euphorb.*

Wants cold water. *Glonoinum.*

Violent, irresistible thirst when drinking cold water. *Jatropha.*

*Violent burning thirst, especially for beer and cold drinks, day and night. *Mercurius.*

Great desire for cold water a few hours after dinner. *Natr. carb.*

*Great thirst for cold things. *Natr. sulph.*

Much thirst, especially for cold water. *Oleander.*

Violent thirst for cold water. *Plumbum.*

*Thirst, especially at night, from dryness in the throat, mostly for cold water and cold milk. *Rhus tox.*

Thirst only in evening for cold water. *Sabadilla.*

*Wants only cold things; averse to warm food. *Silicea.*

*Thirst for cold water, but dyspnœa only allows her to take a little at a time. *Squilla.*

Intense thirst, especially for cold water. *Tanacetum.*

*Thirst, especially at night, for cold food and drink. *Thuja.*

*Thirst for the coldest drinks; wants everything cold. *Verat. alb.*

EATING AND DRINKING. — Better from cold drinks; anxiety relieved. *Acon.*

*Frequent drinking of cold water relieved the bitter taste and inclination to vomit. *Bryon. alb.*

*A swallow of cold water relieves the cough or the vomiting. *Cupr. met.*

STOMACH.—*Inclination to vomit, relieved by drinking cold water. *Bryonia alb.*

*Vomiting prevented by drinking cold water. *Cupr. met.*

Hæmorrhage from stomach, better from drinking cold water. *Phosph.*

Pains in stomach, relieved by cold food, ice-cream, etc. *Phosph.*

BREATHING.—Respiration quick and deep, without motion of the ribs, better in cold air and from drinking cold water. *Bryonia alb.*

Asthmatic attack, better from drinking cold water. *Chamom.*

COUGH.—Cough worse before eating or drinking cold things. *Ammon. mur.*

Better from cold diet. *Baryta carb.*

*Cough relieved by swallow of cold water. *Causticum.*

*Cough better from drinking cold water. *Cupr. met.*

GENERALITIES.—Thirst for cold water. *Arnica.*

Better from cool food. *Bryonia.*

CHILL, FEVER, SWEAT.—*Dry burning heat, generally extending from the head and face, with much thirst for cold drinks. *Acon.*

During fever, thirst and desire for cold drinks; during apyrexia, thirst and desire for warm drinks. *Cedron.*

During heat, thirstlessness or only desire for cold drink. *Cinchon. off.*

Chilliness, without subsequent heat, accompanied by thirst, especially for cold water. *Ledum.*

*Heat after midnight, with violent thirst for cold drinks. *Merc.*

Redness of eyeballs, dry and red tongue, and thirst for cold water. *Thaspium.*

SECTION IV.

AVERSION TO, OR WORSE FROM, COLD FOOD OR DRINK.

HEAD, INNER.—Stitches in the forehead, extending into the nose, especially after drinking anything cold. *Digitalis.*

*Cold water aggravates headache, even causes spasms. *Glonoinum.*

EARS.—Headache and noises in ear after a cold drink. *Kali carb.*

FACE.—*Facial neuralgia; nervous excitation coming at irregular intervals; worse from cold things in mouth. *Pulsat.*

TEETH.—Toothache in hollow tooth; pain sometimes penetrates into the head; worse from cold water. *Antimon. crud.*

Teeth sensitive to cold water. *Argent. nit.*

*Teeth seem longer, become loose, and are sensitive to pressure and to cold water. *Arsen. alb.*

Decayed teeth sensitive to cold water. *Bromium.*

*Toothache worse from warm or cold drinks. *Calc. carb.*

Tearing in teeth from hot, cold, or salt food. *Carbo veg.*

Teeth sensitive to cold air and cold water. *Cina.*

Toothache from cold things after warm. *Colchicum.*

Drawing in a hollow tooth when eating cold food, not from cold drink. *Conium mac.*

Dull pain in teeth, left side, worse from cold water. *Fagopyrum.*

Toothache worse from cold drink, or improved until the water becomes warm in the mouth. *Fluoric acid.*

Lancinating pain in teeth from cold drinks. *Graph.*

Toothache or pain from cold drink. *Gymnoclad.*

*Toothache when touched by anything cold or warm. *Kali carb.*

Toothache worse from cold or warm things. *Magnes. sulph.*

*Smarting toothache, insupportable when anything cold touches the tooth. *Mangan. acet.*

*Toothache worse from cold or warm things. *Merc.*

Toothache (pulsating) from cold drinks. *Muriat. ac.*

Gums sensitive to cold or warm things. *Natr. mur.*

Toothache at 3 A.M., worse from cold things. *Nitrum.*

Shocks in molar teeth from drinking cold water. *Nux mosch.*

*Toothache worse from cold or cold food, and relieved by heat and hot drinks. *Nux vom.*

Burning in front teeth, worse from hot or cold things. *Phosph. acid.*

*Toothache worse from cold water. *Pulsatilla.*

Toothache; cold food produces or increases the pain, also cold drink. *Sabadilla.*

*Pain in carious teeth after cold drinks. *Sanguin.*

*Tearing in teeth from cold air or cold drink. *Sarsap.*

*Toothache from cold water. *Spigelia.*

*Toothache worse from cold drinks. *Staphis.*

Cold water causes a feeling as if cold penetrated to the teeth. *Therid.*

Shifting pains in all the teeth, worse from cold water. *Tilia.*

TONGUE, etc.—Tongue and jaws become lame if cold air or water chills him. *Dulcamara.*

MOUTH.—Burning in the mouth, extending down the pharynx, œsophagus, and stomach, worse from cold drinks. *Canth.*

Burning in mouth not relieved by cold water. *Hippom.*

Anything cold in mouth pains during sore throat. *Sabad.*

THROAT.—*Dryness in the fauces and pharynx, with aversion to cold water. *Calad. seg.*

DESIRES AND AVERSIONS.—Aversion to drinking cold water. *Bromium.*

Aversion to cold water in the evening. *Cedron.*

*Thirstless, even aversion to cold water; drinks only warm drinks. *Calad.*

Great dislike to cheese, boiled food, and cold drinks. *Chelidon. maj.*

EATING AND DRINKING.—*Cold fluid aggravates pains in stomach. *Argent. nit.*

*Gastro-intestinal symptoms worse after ice-cream, ice, ice-water. *Arsen. alb.*

After drinking cold water cutting in the belly. *Calc. phosph.*

Eating ice-cream in evening causes colic. *Calc. phosph.*

*Aching in stomach after a cold drink. *Iris vers.*

Pressing in stomach and abdomen, more from cold food. *Mangan. acet.*

Bad effects from a cold drink while overheated. *Natr. carb.*

NAUSEA AND VOMITING.—Nausea, with retching, returning soon after drinking cold water, with vomiting of the water, accompanied by pain, as if the œsophagus were distended by a large ball. *Anacard.*

Vomiting after cold drinks. *Dulcam.*

*After drinking cold water, shuddering, vomiting of bile. *Eupatorium perf.*

*Nausea and retching after drinking anything cold. *Ipecac.*

*Nausea after cold, not after warm drinks, in chills. *Lycop.*

Hiccough from cold drinks. *Nux vom.*

Hiccough after cold fruit. *Pulsat.*

Vomits after fluids, especially cold water. *Rhodod.*

*Nausea after ice-water, and pain. *Rhus tox.*

STOMACH.—*After ice-cream gastralgia, pain radiating in all directions. *Argent nit.*

*Gastro-intestinal symptoms worse from ice-cream, ice, or ice-water. *Arsen. alb.*

Feeling in stomach as if it would be dissolved after drinking cold water. *Erechthites.*

Fruit and cold drinks feel like ice in the stomach. *Elaps cor.*

Pain in stomach necessitates eating, worse from cold drink. *Graphites.*

*Gastric catarrh from indigestible or ice-cold things. *Ipecac.*

*Gastric catarrh from ice-cream, fruit, and pastry. *Puls.*

Pressure in the stomach at night, after cold drinks. *Rhododen.*

Pain in stomach and nausea, after ice-water. *Rhus tox.*

HYPOCHONDRIA.—*Stitches in left hypochondrium; worse after drinking very cold water. *Natr. carb.*

ABDOMEN.—Abdominal pains, aggravated by drinking cold water. *Leptand.*

*Colic from ices, fruits, and pastry. *Puls.*

STOOL.—*Diarrhœa after chilling stomach from cold substances. *Arsen.*

Straining at stool all day; sick at stomach, disagreeable taste, worse drinking cold water. *Ferrum.*

Cold food or drink causes diarrhœa. *Natr. sulph.*

Stool worse from cold drinks. *Nux mosch.*

URINE.—*Retention of urine from a cold or cold drinks. *Dulcamara.*

COUGH.—Cough worse from drinking cold water. *Aconitum.*

Cough worse from drinking anything cold. *Ammon. mur.*

Cough from cold food or drink. *Carbo veg.*

Cough from drinking cold fluids. *Digitalis.*

*Cough from eating or drinking anything cold. *Hepar s. c.*

Croup, with sensitiveness to cold air or water. *Hepar s. c.*

Expectoration of thick tough mucus, mixed with blood; with fulness and pressive pain in larynx; scratching, rawness, and burning in throat, and a disposition to keep jaws tightly closed, worse from cold water. *Kobalt.*

*Cough worse from eating and drinking cold things. *Lycop.*

Cough worse from cold drinks. *Spongia.*

Cough caused by drinking something cold. *Squilla.*

*Cough worse from cold water. *Sulph. acid.*

Cough as soon as he eats or drinks anything cold. *Thuja.*

*Cough from eating or drinking cold things, especially water. *Verat. alb.*

LUNGS.—*Spasm of the lungs from drinking cold water, and stitches in the chest from drinking anything cold. *Thuja.*

GENERALITIES.—Aggravation from eating any cold food. *Kreosote.*

Worse from cold food. *Nux mosch.*

CHILL, FEVER, SWEAT.—*The chill is induced or hastened by drinking cold water. *Eupator. perf.*

CHAPTER VII.

BEING COVERED, UNCOVERED, UNDRESSED.

SECTION I.

BETTER FROM COVERING OR WARM WRAPS.

SENSORIUM.—*Sensation of numbness in the forehead, the head feels dull; worse in the morning, when awaking, and when lying; better when wrapping the head up warmly. *Magn. mur.*

HEAD, INNER.—Pulsating unilateral headache, with one red cheek; better from warm coverings. *Chamom.*

*The brain seems to shake when walking or running in the open air, better when wrapping head up. *Nux. vom.*

*Burning in head, with pulsation and sweat of head, better by wrapping the head up warmly. *Silicea.*

*Headache, better from wrapping head up warmly, and from warm compresses. *Silicea.*

HEAD, OUTER.—*Nodosities on the head, sore to touch; relieved by covering the head warmly. *Hepar s. c.*

*Scalp sensitive to the touch or the wind, better from being warmly covered. *Nux. vom.*

*Violent drawing and tearing in the bones, and the periosteum of the cranial bones, better from wrapping the head up warmly. *Rhodod.*

*Profuse head sweat; body dry; likes wrapping up. *Silicea.*

*Itching pustules on scalp and neck very sensitive, better wrapping up warm. *Silicea.*

*Wants head and face warmly wrapped. *Thuja.*

EYES.—*Better when eyes are warmly covered; if uncovered, feels as if a cold stream of air was blowing out through them. *Thuja.*

EARS.—Otalgia, left side, violent pains, remitting somewhat at night; better when covering head warmly. *Stramon.*

FACE.—Prosopalgia, better wrapping up head and keeping in a dark room. *Mezereum.*

COUGH.—He covers his head with the bedclothes to make the air warmer. *Rumex crisp.*

GENERALITIES.—Better wrapped up warmly in the room. *Bell.*

Symptoms relieved by covering up warmly. *Guaræa.*

Worse from uncovering; better from warm air or wrapping up. *Helleborus.*

Better from wrapping oneself up warmly. *Hepar s. c.*

Better from wrapping up warmly. *Nux mosch.*

Generally worse from uncovering; better from wrapping up. *Phosph. ac.*

General aggravation from uncovering, from cold; amelioration from wrapping up, from warmth. *Rheum.*

Better from wrapping up head warmly in dry weather. *Rhus tox.*

CHILL, FEVER, SWEAT.—Chill (beginning in back) relieved by being warmly covered in bed. *Hippomane.*

Cold over the whole body, with hot flush in the face; must be warmly covered, then sleeps and perspires. *Merc. peren.*

SECTION II.

WORSE FROM BEING COVERED.

HEAD, INNER.—Pressing headache, with distress, when the s covered. *Ledum.*

HEAD, OUTER.—The least covering to the head is intolerable. *Ledum.*

NECK, BACK.—Coldness in back and between the shoulders, not relieved by feather or wool covering. *Ammon. mur.*

ALL THE LIMBS.—Pain in limbs, worse when covered with feather covering. *Sulphur.*

SLEEP.—Sleepless before midnight, tosses about; if he uncovers he feels too cold, and if he is covered he feels too hot. *Corall. rubr.*

GENERALITIES.—Worse from warm covering, better when uncovered. *Cann. sat.*

CHILL, FEVER, SWEAT.—Cold feeling, not relieved by covering. *Asarum Europ.*

*Profuse pungent perspiration on covered parts, while the body is burning hot. *Belladonna.*

Chill not relieved by covering; returns the same hour each day; regular paroxysm at 11 A.M. and 11 P.M. *Cactus grand.*

Flashes of heat, as if flames were proceeding from pit of stomach; uncovers to become cooler. *Hippoman.*

Chills over whole body, even when well covered. *Iris vers.*

Chill in evening, with sensation as though cold air were blowing around the waist, not relieved by wrapping up. *Silicea.*

*Dry heat of covered parts. *Thuja.*

SKIN.—*Eruptions only on covered parts, burn violently after scratching. *Thuja.*

SECTION III.

BETTER FROM UNCOVERING.

HEAD, INNER.—Violent headache, with pressure, particularly in forehead, restless, relieved for a short time by uncovering the whole body, which is burning hot. *Corallium.*

Headache better from uncovering, and walking in the open air. *Glonoinum.*

Headache better from uncovering the head. *Lycopod.*

HEAD, OUTER.—*Dry, painful heat of scalp, compelling one to uncover the head. *Phosph.*

BREATHING.—Asthma, worse after 12 P.M., must sit up, better from uncovering chest. *Ferrum.*

ALL THE LIMBS.—*Jerking-tearing drawing in muscles, shifting rapidly from place to place, better from uncovering. *Puls. nig.*

NERVES.—Twitching, trembling of head, arms, and hands; now and then jerks of flexors; body cold; stupor; motion of body and uncovering head relieves. *Opium.*

GENERALITIES.—Worse from warm covering, better uncovered. *Cannab. sat.*

Worse from covering. *Secale.*

SECTION IV.

WORSE FROM, OR NOT RELIEVED BY, UNCOVERING.

SENSORIUM.—*Sensation as if cold air were blowing on him, especially on the uncovered parts. *Moschus.*

HEAD, INNER.—Head symptoms worse from uncovering. *Benz. ac.*

Heaviness in head and pressing out in forehead, worse from uncovering the head. *Silicea.*

HEAD, OUTER.—Disposed to take cold from uncovering head. *Hepar.*

*Sweat, smelling like honey, mostly on uncovered parts. *Thuja.*

EYES.—*Better when eyes are warmly covered; if uncovered, feels as if a cold stream of air was blowing out through them. *Thuja.*

COUGH.—Dry, teasing cough, on uncovering even a hand. *Rhus tox.*

SLEEP.—Sleepless before midnight, tosses about; if he uncovers he feels too cold, and when covered he is too hot. *Corallium.*

GENERALITIES.—Worse from uncovering, better wrapped up, or in warm air. *Helleborus.*

Generally worse from uncovering, better wrapped up. *Phosph. ac.*

General aggravation from uncovering or cold, better from covering and warmth. *Rheum.*

Worse from uncovering the head. *Rhus tox.*

CHILL, FEVER, SWEAT.—*Chilly if uncovered or touched. *Acon.*

Chilly from raising bedclothes. *Agaricus musc.*

Chilly at night from uncovering. *Ammon. mur.*

Chill before midnight on raising bedclothes. *Argent. met.*

*Chill as soon as he lifts the cover of the bed. *Arnica.*

Chill from uncovering. *Bellad.*

Chill from uncovering. *Borax.*

*Shivering when uncovering and from cold air. *Chamom.*

During the fever, chill when uncovered. *Cinchona.*

Shivering from uncovering. *Clematis.*

Nightly sweat, with chilliness from uncovering. *Eupator. perf.*

Awakens at midnight chilly; worse from uncovering or moving. *Nitric acid.*

*Chilliness from uncovering. *Nux mosch.*

Chilliness from uncovering. *Nux vom.*

Chill worse from uncovering. *Phosph.*

*Violent chilliness in evening in bed, worse from uncovering. *Silicea.*

When he uncovers himself during the heat he suffers from chilliness and pain. *Squilla.*

*Sweat only on uncovered parts. *Thuja.*

SKIN.—Vesicular eruption, itching when uncovered. *Rumex.*

Itching of the skin below the knees upon exposure to the atmosphere or cold, relieved by warmth or covering. *Stillingia.*

SECTION V.

WORSE ON UNDRESSING.

HEAD, OUTER.—*Biting itching on scalp, as from vermin, worse back part of head and behind ears, better when first scratching it, followed by burning and soreness, which gives place to biting itching, worse in evening when undressing. *Oleander.*

*Tingling-biting itching on scalp, mostly on temples and behind ears, followed by swelling and eruptions, sore pain, worse evenings and on undressing. *Puls.*

COUGH.—Cough on undressing, better when warm in bed. *Kali bich.*

NECK, BACK.—Itching on back when undressing. *Natr. sulph.*

SKIN.—Itching while undressing. *Drosera.*

Itching in various parts, worse on lower limbs, while undressing. *Rumex.*

CHILL, FEVER, SWEAT.—Chilliness from exposure to the r (undressing). *Chamom.*

SECTION VI.

DESIRES TO BE UNCOVERED.

ABDOMEN.—Colic at 1 A.M., had to lie crooked; could not endure covering. *Magnes. mur.*

STOOL.—Diarrhœa, great prostration, cold, yet will not be covered. *Camph.*

Body cold, abdomen hot; not satisfied until clothing is all off of abdomen. *Tabacum.*

LIMBS, LOWER.—*Burning of soles at night, puts the feet out of bed. *Cham.*

*Burning of the soles, wants them uncovered. *Sulph.*

SLEEP.—*During sleep lies on back, arms over the head, thighs drawn up, and with legs uncovered. *Platina.*

GENERALITIES.—*Aversion to heat or to being covered. *Secale.*

*May feel cold but does not wish to be covered. *Secale.*

*Aversion to being covered. *Veratrum alb.*

CHILL, FEVER, SWEAT.—Covered or affected parts sweat profusely; likes to be uncovered. *Acon.*

Heat, with inclination to uncover. *Apis mel.*

*After midnight heat, with anxiety, and desire to uncover. *Arsen. alb.*

Internal burning, dry heat; inclination to uncover. *Arsen. alb.*

During the heat desire to uncover. *Cinchona off.*

Dry heat at midnight, cannot endure any cover. *Elaps cor.*

Dry heat, worse towards evening, with red face, inclined to uncover. *Ferrum.*

General heat, with nausea from the least motion, with inclination to uncover, and to wash with cold water. *Fluoric acid.*

*Nightsweats, putrid or sour, inclined to uncover. *Ledum.*

Flushes of heat, with sensation as if flames rose from out of the region of the stomach, on account of which threw off the covering. *Mancinella.*

Burning heat in the evening in bed, frequently only on the right side, with restlessness and inclination to uncover. *Moschus.*

*Internal heat, wants to uncover. *Muriatic acid.*

*At night internal dry heat and inclination to uncover. *Nitr. ac.*

*Hot, profuse morning sweat, wants to be uncovered. *Opium.*

*Heat, especially in back, with desire to uncover. *Spigelia.*

*Heat, wants to uncover. *Staphis.*

*Sweat, with desire to uncover. *Staphis.*

*Heat in soles, or cold feet with burning soles, seeks a cool place for them or puts them out of bed. *Sulph.*

Sweat, profuse all night, wants to uncover. *Zincum.*

SKIN.—Scarlatina, with hot breath, hot sweat on forehead; child will not be covered. *Camph.*

SECTION VII.

AVERSE TO UNCOVERING.

MIND.—*Oversensitive, will not be touched or uncovered. *Acon.*

HEAD, OUTER.—*Great sensitiveness of head to open air; wraps the head up warmly. *Arsen. alb.*

*Cold, clammy, sour perspiration, principally on head and face, with aversion to be uncovered. *Hepar s. c.*

*Fetid sweat of one-half the head and face, which is cold, with dread of uncovering head. *Nux vom.*

*Averse to having head uncovered; wears a fur cap even in hottest weather. *Psorinum.*

GENERALITIES.—Dreads uncovering, even in hot stage. *Capsicum.*

*Wants to be warmly covered during chill. *Eupator. perf.*

Sleeplessness at night, from oppression in abdomen, or from anxious restlessness and internal heat, with aversion to being uncovered in the least. *Magnes. carb.*

CHILL, FEVER, SWEAT.—Nursing children have no distinct chill; must be covered; very thirsty. *Arsen. alb.*

Heat only in the face; aversion to uncovering. *Aurum met.*

Heat predominating; averse to uncovering. *Bell.*

Profuse sweat at night, most toward morning, with aversion to uncovering. *Clematis.*

With evening chill, sensitiveness to uncovering and to cold air. *Cyclamen Europ.*

Heat or sweat, with aversion to uncover. *Helleborus.*

*Great internal heat at night, restless; aversion to uncovering. *Magnes. carb.*

Evening, heat, thirst; sweat only on the head; averse to uncovering. *Magnes. mur.*

Sweat, with thirst, from 12 P.M. till morning; averse to uncovering. *Magnes. mur.*

Burning heat, with inclination to cover; in bed. *Mancin.*

Heat, with aversion to uncover. *Mercurius.*

Flushes of heat from the nose down the back; irritability; averse to uncovering. *Natr. carb.*

Sweat, with shunning to be uncovered. *Nux mosch.*

*Heat, at night, without thirst; averse to uncovering; or desire, but becomes chilled from uncovering. *Nux vom.*

*Chill, generally only in evening, without thirst, with aversion to being uncovered, and with swollen veins on hands. *Phosph.*

Heat, but averse to uncovering. *Phosph. ac.*

*Dry heat, without thirst, shuns uncovering. *Sambuc.*

*Heat of whole body with cold hands and feet, with aversion to being uncovered. *Squilla.*

During chill, great sensitiveness to being uncovered. *Stram.*

CHAPTER VIII.

Becoming Warm in Bed.

SECTION I.

RELIEVED BY GETTING WARM IN BED.

SENSORIUM.—Sensation of emptiness and hollowness in the head, better when getting warm in bed. *Cocculus.*

Sensation as if a piece of ice were lying on the back between the shoulders; then a shock, followed by a coldness of the whole body, with gooseflesh; going away after going to bed. *Lachnanth.*

HEAD, INNER.—Headache, relieved by lying quiet in bed. *Alum.*

Headache, relieved by becoming warm in bed. *Coccul.*

Headache, relieved by lying quiet in bed. *Colchic.*

TEETH.—*Toothache, with swelling of the cheek, relieved by heat of the bed, and warm applications. *Lycop.*

STOMACH.—Perforating ulcer, worse sitting bent, better walking about and when warm in bed. *Lycop.*

STOOL.—Fluid stools, after eating, with discharge of flatus, and painful feeling in abdomen; better after getting warm in bed. *Colocynth.*

COUGH.—*Amelioration of cough on getting warm in bed. *Cham.*

Cough better on getting warm in bed. *Kali bich.*

LIMBS, LOWER.—Tearing in ankle and bones of feet ceases when warm in bed. *Ammon. carb.*

Drawing and tearing in the thighs and legs, knees and feet, better in warmth of bed. *Causticum.*

Excessive itching of the legs below the knees, but no eruption worse on exposure to cold, better in bed. *Stillingia sylv.*

GENERALITIES.—Better on getting warm in bed. *Bryon.*

CHILL, FEVER, SWEAT.—Chill relieved when warmly covered in bed. *Hippom.*

*Chill lessened in bed. *Magnes. mur.*

SENSATIONS.—Tearing in joints, better in warmth of bed. *Ammon. carb.*

TISSUES.—Pains in bones, morning and forenoon, especially left tibia; condyle of left elbow (like syphilitic pains, but better rather than worse in warmth of bed). *Agaricus mus.*

SECTION II.

WARMTH OF BED DOES NOT RELIEVE.

HEAD, INNER.—The head feels large, as though split open with a wedge from the outside to within; the body is icy cold; she cannot get warm; also for a long time under a feather bed. *Lachnanth.*

*Brain as if loose, with wabbling, on motion, as if it struck the sides of head; better from warmth, except from warmth of bed. *Nux mosch.*

THROAT.—Dry feeling in throat; some difficulty in swallowing; constant chilliness, even in bed. *Mezereum.*

LIMBS, LOWER.—Coldness of feet in evening in bed. *Graph.*

*Cold feet in bed. *Kali carb.*

GENERALITIES.—Generally worse in bed, better on getting out.—*Euphras.*

CHILL, FEVER, SWEAT.—Chill in evening in bed, or near warm stove. *Alumen.*

In the evening in bed cannot get warm. *Cinchona.*

Coldness in evening in bed, lasting all night. *Ferrum.*

Cold at night; up the back, from the small of the back; cannot get warm in bed. *Hyos.*

Chilliness in evening in bed, preventing sleep. *Lycopod.*

Chilliness and shuddering during the night in bed. *Nux vom.*

SECTION III.

AGGRAVATION FROM WARMTH OF BED.

HEAD, INNER.—Pressing pain in forehead and temples, worse in warm bed, relieved by pressing forehead together. *Apis.*

Boring in left frontal eminence, worse at night in warm bed. *Argent. nit.*

*Periodical nervous headache, every day from 4 P.M. till 3 A.M., aggravated by the heat of the bed, and when lying down. *Belladonna.*

Vertigo when turning in bed at night. *Bell.*

Heat in head, in evening in bed, better after rising. *Carbo an.*

Headache worse from warmth of bed. *Lycopod.*

Stitches in temples, mostly on right side, from within out, worse at night from lying in bed. *Lycopod.*

*Tension over the forehead, as if in a hoop, worse at night in bed. *Merc.*

*Tearing in one side of the head and temple extending to the neck, with heat and perspiration, worse on getting warm in bed. *Merc.*

Congestion to the head; with burning, singing, and pulsations in head, red face, puffiness under eyes, worse in evening in bed. *Phosph.*

HEAD, OUTER.—*Head painfully sensitive to pressure (especially of hat), worse on getting warm in bed. *Carbo veg.*

Scalp itches when warm in bed. *Carbo veg.*

*Eruptions on occiput, worse when warm in bed. *Clematis.*

Profuse perspiration on the head, itching, smelling like urine, worse at night in bed. *Colocynth.*

*Exostoses on hairy scalp, with feeling of soreness when touched, worse at night in bed. *Merc.*

*Fetid, sour-smelling, oily sweat on the head, worse at night in bed. *Mercurius.*

*Biting-itching sore pain on scalp, worse from getting warm in bed. *Puls.*

*Scalp sensitive, worse on side not lain on, when growing warm in bed. *Rhus tox.*

*Burning and itching, mostly on back part of head, worse on getting warm in bed. *Silicea.*

*Burning stinging on the head, mostly on left temple, worse from heat of bed, at 3 P.M., and when lying on it. *Staphisagria.*

*Sensitiveness of the vertex, pressing pain when touched, worse from heat of bed. *Sulph.*

*Hair dry, falling off, scalp sore to touch, itching violently when getting warm in bed. *Sulph.*

Violent, burning, tearing, stitching pains, worse in the warm bed. *Thuja.*

Sensation of soreness of the vertex, as from soreness or ulceration, worse in evening in bed. *Zincum.*

EARS.—Pains in ear worse in bed and entering room. *Nux vom.*

FACE.—Isolated stitches in the face, worse in the evening in bed; warmth aggravates, cold water relieves the pain. *Chelidon.*

Faceache worse in heat of bed. *Glonoinum.*

Sweat on forehead in evening in bed, and heat of face. *Sarsaparilla.*

Pains worse after being a short time in bed. *Silicea.*

TEETH.—All the teeth painful as soon as he goes to bed in evening. *Aranea* (*Diad.*).

Toothache worse on getting warm in bed. *Cham.*

Toothache worse from warmth of bed. *Clematis.*

Tearing pain, renewed by going to bed. *Graphites.*

*All the teeth feel loose and too long; worse in bed. *Lachnan.*

*Insupportable toothache, worse from warmth of bed. *Merc*

*Pulsating stinging in teeth, evening in bed. *Nitric ac.*

*Tearing pains in teeth, worse warm in bed. *Phos. ac.*

*Toothache worse in warmth of bed. *Puls.*

*Throbbing toothache at night as if the tooth would burst, worse from the heat of bed. *Sabina.*

*Toothache coming on at night in bed. *Sulph.*

*Toothache, worse in evening in bed. *Sulph. ac.*

ABDOMEN.—Colic, hysterical, evenings in bed. *Valerian.*

STOOL.—Itching at anus, in bed, with stitches; compelling him to rise and walk about. *Juglans.*

Itching and tension in anus (in evening in bed). *Lycop.*

*Ascarides, with creeping and itching, and nightly restlessness; worse from warmth of bed. *Marum verum.*

URINE.—Lancinating and boring pain in region of the kidneys, in the evening in bed. *Coccus cact.*

Involuntary micturition at night in bed. *Petrol.*

BREATHING.—Breathing impeded in evening in bed. *Chelidon.*

*Suffocative fits in evening in bed, with warmth of neck and trunk, limbs cold. *Ferrum.*

Oppression of chest, asthma in evening in bed. *Graphit.*

*Dyspnœa and vertigo, at night in bed, as if throat or chest were contracted, or as if fumes of sulphur had been inhaled. *Pulsat.*

COUGH.—In the evening in bed before falling asleep. *Agnus cast.*

Cough, with asthma, in evening in bed. *Ammon. carb.*

Whooping-cough on getting warm in bed. *Ant. tart.*

Cough, without expectoration, in evening in bed. *Calc. carb.*

Cough in evening in bed. *Carbo veg.*

*Whooping-cough on getting warm in bed. *Drosera.*

Grippe, with fever; headache; sweat in bed. *Merc. bijod.*

Cough worse when warm in bed. *Natr. mur.*

*Cough dry, with sudden loss of breath, caused by getting warm in bed. *Nux mosch.*

*Cough, evening, when warm in bed. *Puls.*

Dry cough, especially evening in bed, till midnight. *Sepia.*

*Dry cough in evening in bed. *Stannum.*

*Cough on getting warm in bed. *Verat. alb.*

LIMBS, UPPER.—Heavy feeling in both hands, better when hanging them down, and worse in warmth of bed. *Gossyp.*

Rheumatic pains in right hand at night in bed. *Merc. jod. flav.*

Bone felons, worse in warm bed. *Silicea.*

LIMBS, LOWER.—Cold feet in evening in bed. *Ammon. mur.*

Drawing in hamstrings, evenings, lying in bed. *Asar. Eur.*

Coldness and deadness of the feet, especially at night in bed. *Calc. carb.*

Coldness of the feet, in evening in bed. *Graphit.*

*Rheumatic pains going from below upward; joints pale, swollen, tense, hot; worse from warmth of bed. *Ledum.*

*Intense itching of top of feet and of ankles, worse after scratching, much worse in warmth of bed. *Ledum.*

Burning, beginning in soles and palms, thence over body, worse in bed; desires a cool place. *Leptandrin.*

*Pain in periosteum of the long bones, especially the tibiæ; worse at night in bed, and then the least touch is intolerable. *Mezereum.*

*Cold feet at night in bed. *Paris.*

*Chilblains worse from warmth of bed. *Puls.*

Eruption on back, legs, and ankles, of a dark bluish-red color, with some itching during the day, but intolerable at night in warm bed. *Pulsat. nut.*

Burning of soles of feet, worse in bed. *Sanguin.*

*Coldness in the legs and feet, especially in the evening in bed. *Sepia.*

*Electric jerks in limbs, worse in bed; must sit up and let legs hang out of bed. *Verat. alb.*

ALL THE LIMBS.—On getting warm in bed; sharp, severe flying pains in all parts of the system, especially the limbs. *Cedron.*

Excessive burning and itching of the limbs after retiring. *Fagopyrum.*

*Rheumatism and arthritic pains, tearing stinging, worse at night in warm bed. *Merc.*

*Pains in limbs, worse in warmth of bed. *Verat. alb.*

NERVES.—Trembling of head and hands on getting warm in bed, better in the cold. *Ant. tart.*

Fainting and weakness, especially at night in bed. *Moschus.*

Spasms in the buttocks in bed at night, when stretching out the limbs. *Sepia.*

SLEEP.—Wakefulness and sexual desire when getting warm in bed. *Antimon. crud.*

Sleep disturbed by warmth of bed. *Myrica.*

GENERALITIES.—Generally worse when lying in a warm place, better after rising from the bed. *Ambra.*

Generally worse in bed, better on getting out. *Euphras.*

Cannot bear the heat of the bed. *Ledum.*

Better in warm air, but worse from warmth of bed. *Magnes. carb.*

Worse from getting warm in bed. *Secale.*

CHILL, FEVER, SWEAT.—Perspiration at night, or towards morning in bed, mostly in face or one side of face. *Alum.*

Profuse sweat over the whole body, most copious after midnight and early in morning in bed. *Ammon. mur.*

Sweat and chilliness as soon as he gets warm in bed. *Argent. nitr.*

Heat after a chill, mostly at night in bed. *Carbo an.*

When lying in bed at night a rigor comes over him, lasting nearly an hour, with external warmth all over, yet with gooseflesh, then follows perspiration for the whole night. *Chelidon.*

*Profuse perspiration on the head, itching, smelling like urine, also on the hands, thighs, and feet, worse at night in bed. *Colocynth.*

Chilliness predominates during the day so long as he remains out of bed; after lying down in bed the heat comes on, generally accompanied by perspiration. *Helleborus.*

In evening in bed, burning heat over whole body, with internal chilliness and aversion to drink. *Helleborus.*

*Nightly chill in bed, with aggravation of all complaints. *Hepar.*

Heat in bed and chill out of bed. *Merc.*

Chilliness in evening in bed, afterwards heat and violent thirst. *Merc.*

*Heat in bed, mostly of head. *Mezereum.*

Burning heat in evening in bed, with restlessness and desire to uncover. *Moschus.*

*Cold sweat on the feet, in evening in bed. *Muriat. acid.*

Chill, with chattering and shaking, followed by profuse general perspiration, in evening in bed. *Niccolum.*

Chilly, mornings in bed, after previous heat. *Nitr. acid.*

Intermittent fever; chill, afternoon, while in the open air, followed by dry heat when in bed, accompanied by all sorts of fancies while in a state of half waking, without sleep. *Nitr. acid.*

Heat after 12 P.M., and in the morning in bed. *Petroleum.*

Sweat as soon as he gets into bed; comes and goes. *Plumbum.*

Chilliness in morning in bed. *Rhododen.*

Chills up and down the back in bed. *Rhus venen.*

Cold sweat on the face, morning in bed. *Ruta.*

*Chill, with headache, nausea; pain under scapula on motion; shivering in back; worse evenings in bed. *Sanguin. can.*

*Chill in bed, in evening. *Silicea.*

Heat in the evening and in bed. *Sulph. ac.*

SKIN.—Little water-blisters, itching in bed. *Æthus. cynap.*

Intolerable itching of whole body, especially when getting warm and in bed. *Alum.*

Itching smarting, mostly of thighs and axillæ, when warm at night. *Argent. nitr.*

Itching over whole body, evening in bed. *Carbo an.*

Itching over whole body on getting warm in bed. *Carbo veg.*

*Moist eczema itches terribly from warmth of bed. *Clemat.*

*Aggravation of all skin symptoms from heat of bed. *Clemat.*

Excessive burning and itching of the limbs after retiring. *Fagopyrum.*

*Much itching all over when getting warm in bed. *Cobalt.*

*Itching all over, worse at night when warm in bed. *Merc.*

*Ulcers worse from heat of bed. *Merc.*

*Violent itching, worse in bed, burning and change of place after scratching. *Mezereum.*

*Itching of pimples when getting warm in bed. *Muriat. ac.*

Body itches intolerably, worse in bed and from warmth. *Psorinum.*

*Eruptions from eating much pork, itching violently in bed. *Pulsat.*

Eruption on back, legs, and ankles, of a dark bluish-red color, with some itching during the day, but intolerable at night in a warm bed. *Pulsat. nut.*

*Itching worse in warm bed. *Sulph.*

Skin symptoms worse in heat of bed. *Tilia.*

Sudden itching, here and there, especially in evening in bed. *Zinc.*

CHAPTER IX.

In Room and Entering Room.

SECTION I.

BETTER IN ROOM.

SENSORIUM.—Vertigo, better in a room and when sitting. *Cyclam.*

*Sensation in the forehead as if the brain were loose and falling from side to side, better when sitting quiet in the room. *Sulph. ac.*

HEAD, INNER.—Sensation as if head would burst, with sleeplessness, better in the room. *Cinchona.*

Beating in forehead, better indoors. *Cocculus.*

Pressing pain in forehead, from without inwards, with nausea, better indoors. *Cocculus.*

Headache, with a sensation of soreness internally, better in house, worse when first going into open air. *Eupator. perf.*

Headaches arising outdoors, better in room, and vice versa. *Mang. acet.*

*Head feels as if in a vice, with nausea; better in the room. *Merc.*

*Congestion of blood to head, with heat in it, better in room. *Sulph.*

*Sensation of emptiness in occiput, better indoors. *Sulph.*

Headache generally worse in open air, better in room. *Sulph.*

*Pressing as from a stupefying constriction in the forehead, drawing into orbits, face pale, better in room. *Valer.*

EYES.—Mist before eyes, worse in bright light outdoors, better in. *Amm. mur.*

*Eyes water in open air, not indoors. *Ruta.*

*Dryness of eyes in room, lachrymation in open air. *Sulph.*

EARS.—Crackling noise in head (one side), synchronous with the pulse, in open air, better indoors. *Coffea.*

NOSE.—Watery discharge while in open air (from both nostrils), ceasing when indoors, returning in cold room. *Carbolic acid.*

Fluent coryza, worse in open air, better in room. *Colocynth.*

Coryza watery, excoriating, burning in the nose, more the right nostril, discharge scanty in the room, profuse outdoors. *Hydrast.*

*Fluent burning coryza outdoors, nose stopped up indoors. *Sulph.*

*Coryza fluent outdoors, dry in the room. *Thuja.*

GENERALITIES.—Generally better in the room. *Nux mosch.*

SKIN.—Small and large blotches, stinging-burning; feeling like hard knots, of a dirty yellow color, less indoors than in open air. *Aur. met.*

CHILL, FEVER, SWEAT.—Chill internally when walking in open air, better in room. *Cham.*

SECTION II.

WORSE IN ROOM.

MIND.—*Anxiety, worse in room, better in open air. *Bryon.*

*Anxious in room, relieved in open air. *Magnes. mur.*

SENSORIUM.—Heaviness in head, with humming in ears, goes off in open air, returns on entering room. *Arsen. alb.*

Giddiness, as if intoxicated, in the forehead, in room but not in open air. *Crocus sat.*

HEAD, INNER.—All the headaches are worse towards evening, in the room while at rest, better moving in open air. *Asafœtida.*

Headache worse in room, going off in open air. *Cobalt.*

Dull headache in room, with difficult flow of ideas, better in open air. *Menyanthes.*

Stupefying, compressing headache, mostly in the forehead, with nausea in the evening, worse in room, better in open air. *Moschus.*

Tension in the back part of the head and neck, with nausea, worse in the evening when sitting in the room, and when becoming cold; better in the open air, and when getting warm. *Moschus.*

Stupefying and compressing headache in forehead, with nausea; eructations and dimness of sight in evening; worse in the room. *Natr. carb.*

Headache worse in room, after walking in open air. *Niccolum.*

*Pressing headache from without to within the forehead and temples, gradually increasing and decreasing, worse in room, better outdoors. *Platina.*

*Paroxysms of hemicrania, stinging pain from within outward, in one (mostly left) side of head or forehead, with vomiting and contraction of pupils, worse indoors, better in open air. *Sepia.*

HEAD, OUTER.—*Sensation of coldness in the forehead and vertex, as if a cold wind were blowing on it, descending through the neck to the back, worse in the room, better in the open air. *Laurocerasus.*

EYES.—Lachrymation even in room, though worse in the open air. *Caustic.*

Lachrymation in room, not in open air. *Crocus.*

Lachrymation (tears acrid), worse in room than open air. *Digitalis.*

Dryness of the eyes in room, lachrymation in open air. *Sulph.*

NOSE.—Fluent coryza, headache, larchrymation, cough, thirst, want of appetite, trembling of hand, feverish; worse indoors, better in open air. *Allium cepa.*

*Coryza, yellow-green discharge, worse indoors. *Pulsat.*

Burning coryza in open air, nose obstructed indoors. *Sulph.*

TEETH.—Toothache worse in room. *Cham.*

BREATHING.—Suffocative attacks in room, better open air. *Ipecac.*

COUGH.—Rattling cough only during the day in the room. *Argent. met.*

*Oppression of the chest in morning when rising, cannot breathe in the room, better in open air. *Bell.*

GENERALITIES.—Worse indoors while sitting *Alum.*

Worse indoors, better outdoors. *Asaf.*

Worse indoors, better outdoors. *Euphras.*

Symptoms more marked in the room. *Guaræa.*

Better in open air than in room, except the fever. *Kali c.*

CHILL, FEVER, SWEAT.—*Chilliness worse in room than open air. *Bryon.*

Flushes of heat pass over him, on every movement while in a room. *Helonias.*

Sweat, hot, sudden attacks in the room, increased out of doors. *Ipecac.*

Heat in evening indoors after walking in open air. *Ran. scel.*

*Chilliness worse indoors, better exercising outdoors. *Sulph. ac.*

SKIN.—Skin symptoms worse while sitting in a room. *Alum.*

SECTION III.

BETTER IN WARM ROOM.

SENSORIUM.—Rush of blood to head, with roaring in ears and heat of face, worse when stooping, in open air, better sitting in warm room. *Sulph.*

HEAD, INNER.—*Pulsating, beating, and pressing in forehead as if it would burst, while walking in open air, better in warm room. *Amm. carb.*

Headache better in warm room. *Cocculus.*

Spasmodic trembling of head caused weakness of muscles of the neck, worse in open air, better in warm room. *Cocculus.*

Burning in forehead in morning, better in warm room. *Nux vom.*

*The brain seems to shake when walking or running in open air, better in warm room and at rest. *Nux vom.*

*Headache better in warm room. *Silicea.*

HEAD, OUTER.—*Convulsive trembling of the head from weakness of the muscles of the neck, worse in open air and better in warm room. *Cocculus.*

Profuse offensive sweat on head, worse at night in bed, better on walking in warm room. *Colocynth.*

TEETH.—Tearing-stinging toothache, often at night, better in the warm room. *Rhus tox.*

CHILL, FEVER, SWEAT.—Chill increased in open air, less in warm room. *Amm. carb.*

*Profuse perspiration on the head, itching, smelling like urine, also on the hands, thighs, and feet, worse at night in bed, relieved on rising and walking in warm room. *Coloc.*

Chill runs up back to the head, often on alternate days, abates in warm room; desires external warmth. *Laches.*

*Chilliness, with pale face, in open, especially damp cold air, better in warm room. *Nux mosch.*

SECTION IV.

WORSE IN WARM ROOM.

SENSORIUM.—Dulness, pressure, fulness, heaviness in the head, most in occiput, worse evenings, better in open air, and worse when returning to a warm room. *Allium cepa.*

Faint feeling, fear of falling, worse in a close warm room, better in fresh air, though he is then chilly. *Lilium tig.*

Sensation as if intoxicated, in evening, in warm room, with humming in head, which feels as if it would burst when coughing. *Phosph. acid.*

Stupefaction in evening, in warm room, with chilliness. *Puls.*

HEAD, INNER.—Headache in warm room. *Apis.*

Congestion to head, with spasmodic constriction, nausea, and pressure over the eyes; feeling of coryza from overheated rooms. *Carbo veg.*

*Sick headache, with pulsations and burnings, mostly in forehead; with nausea and vomiting from morning till noon; worse in warm rooms. *Phosph.*

Inflammation of brain, with pulsations and singing in head; the heat enters the head from the spine and extends to the feet, worse in warm room. *Phosph.*

Soreness as from subcutaneous ulceration, in one or both tem-

ples, worse at rest, in warm room, better when walking in open air. *Puls.*

*Headache worse in warm room, better walking slowly in open air and from compression. *Puls.*

Headache extends to eyes, worse in warm room, better in cold air. *Senega.*

Headache and nausea, especially in warm room. *Tanacetum.*

Internal headache, mostly semi-lateral, or in sinciput, or in occiput; worse in warm room. *Zinc.*

Headache, worse over left eye; aching over eyebrows, followed by nausea; later, over right eye, and pressing in left occiput; worse in warm room. *Zingiber.*

HEAD, OUTER.—Great sensitiveness of scalp to touch, especially on borders of the hair, temples, and forehead; worse in warm room, better in open air. *Natr. mur.*

Head affected from remaining in hot rooms. *Phosph.*

EYES.—Eyes red, shun light, after straining them while sewing; worse in warm room, better in open air. *Argent. nit.*

*Sensation as of a cold wind blowing under the lids, even in a warm room. *Fluor. acid.*

Pain in eyes increased near warm room, with profuse lachrymation. *Comoclad. dent.*

Tinea ciliaris, pimples on face coming and going, worse in a warm room. *Magn. mur.*

NOSE.—*Coryza worse in a warm room, better in cold air. *Nux vom.*

TEETH.—Teeth ache, can scarcely sleep, yet not decayed. Pains worse in warm room. *Hamamelis.*

*Toothache worse in warm room; increased by pressing the teeth against each other. *Hepar s. c.*

Toothache worse in warm room. *Iris versi.*

*Toothache worse in warm room, better walking about in open air. *Puls.*

ABDOMEN.—Tympanitis; bloatedness of abdomen; rumbling of abdomen in evening in warm room. *Sabina.*

SEXUAL ORGANS, FEMALE.—Instead of menses, congestion to head, face pale; worse in warm room, better walking in open air. *Glonoin.*

BREATHING.—*Dare not come into a warm room, in which he becomes deadly pale, and can do nothing but sit quiet. *Amm. carb.*

Oppression, worse ascending and unable to remain in warm room. *Apis.*

COUGH.—Cough worse in warm room. *Arnica.*

Cough in warm room, better in cold room. *Coccus cact.*

Can scarcely speak for coughing in warm room. *Coccus cact.*

Cough worse when lying down, from warmth of room, better in open air. *Dulcamara.*

Cough worse in warm room. *Lycop.*

Cough worse in warm room. *Senega.*

Cough worse; room too warm. *Spong.*

Attacks of cough in warm room. *Verat. alb.*

LIMBS, UPPER.—Cold hands even in warm room, and from hands chill through whole body. *Sepia.*

GENERALITIES.—Worse in a warm room. *Acon.*

Aggravation from heat, especially in warm room. *Apis.*

Aggravation in warm room. *Bromium.*

The warm room is unpleasant. *Bufo.*

Symptoms all worse in warm room. *Ptelea trif.*

Aggravation in warm room. *Tilia Europ.*

In a warm room felt faint and oppressed. *Ustilago.*

CHILL, FEVER, SWEAT.—Heat, with red puffed-up face, particularly in warm room, and after bodily exertion. *Ammon. mur.*

Internal chill, even in warm room. *Anacardium.*

Chill predominating during day, even in warm room. *Antimon. crud.*

Chilliness in warm room, with cold feet. *Asclepias tub.*

Coldness and chilliness in warm room. *Cinnabaris.*

Chill and shivering, running through all the limbs, even in warm room. *Colchicum.*

Chilly in warm room. *Dioscorea.*

Chilliness in warm room during sleep, and after an evacuation. *Gratiola.*

*Chill, with shaking, also in warm room. *Iodum.*

*Chill worse in a warm room. *Ipecac.*

Chilliness in a warm room, with coldness of hands and feet. *Lactuca.*

*Chill even in warm room, drowsy; less outdoors. *Mezereum.*

*Chilly all the time, even in warm room. *Puls.*

Chills up and down the back, when in warm room. *Rhus venen.*

Chill, more in a warm room. *Staphisagria.*

TISSUES.—Arthritic complaints, worse in heated room, better in cool air or cool room. *Sabina.*

SECTION V.

WORSE IN WARM CLOSE ROOM.

SENSORIUM.—Faint feeling, fear of falling, worse in close warm room, better in fresh air, though he is chilly. *Lilium.*

Headache worse in close room. *Tanacetum.*

SEXUAL ORGANS, FEMALE.—*With bearing down, faint in close warm room. *Lilium.*

BREATHING.—Anxious breathing with pressure on sternum, aggravated in close air of room. *Carburet. sulph.*

*Chest feels too full of blood ; oppressed ; worse in close room ; must go into open air. *Lilium.*

Asthmatic oppression of chest in close room, better in open air. *Trifol. prat.*

GENERALITIES.—*Close rooms, especially if overheated, are insupportable. *Apis.*

*Generally worse in close warm room. *Lilium.*

NERVES.—Faint feeling in a warm close room. *Trifol. prat.*

SLEEP.—Very sleepy, especially in a close warm room. *Tanacet.*

SECTION VI.

GOOD EFFECTS OF COLD ROOM.

GENERALITIES.—Amelioration in cool room. *Tilia.*

SECTION VII.

BAD EFFECTS OF COLD ROOM.

NOSE.—Coryza fluent in cold room, stopped in warm air and outdoors. *Calc. phosph.*

Watery discharge from both nostrils while in open air, better indoors, returning on entering a cold room. *Carbol. ac.*

FACE.—Red cheeks and heat of face in cold room. *Cocculus.*

GENERALITIES.—Hoarseness, after having stayed in a cold room during the fall season. *Viola odor.*

SECTION VIII.

WORSE IN COLD DAMP DWELLINGS, ETC.

STOOL.—Diarrhœa from cold damp rooms. *Aloe.*

URINE.—Affections of the kidneys, worse from living in damp dwellings. *Terebinth.*

COUGH.—Cough; periodical, painless, spasmodic, shrill screeching tone, worse in vaulted rooms. *Stramon.*

GENERALITIES.—Cold damp cellars aggravate or bring on complaints (sciatica). *Arsen.*

SECTION IX.

BETTER OR WORSE IN DARK ROOM.

MIND.—*Afraid at night (in the dark room, the child does not want to go to bed alone). *Causticum.*

Fear, especially at night in the dark. *Valerian.*

HEAD, INNER.—*Pulsating headache in cerebellum, beginning in the morning, lasting till noon, better at rest or in a dark room. *Sepia.*

COUGH.—Cough worse from living in cold dark places. *Nux mosch.*

SECTION X.

BETTER ON ENTERING ROOM.

SENSATIONS.—Sensation as if head, face, and hands were swollen, better coming in the room. *Aethus. cynap.*

SECTION XI.

WORSE ON ENTERING ROOM.

SENSORIUM.—Dizziness on entering a room after a walk. *Argent. met.*

HEAD, INNER.—Violent pressing pain in temples, ceasing

in open air and reappearing when entering the room. *Jatropha curcas.*

Headache after a walk; on returning to room a twisting-screwing pain from right side of head to both temples. *Sabadilla.*

EARS.—Pains in the ear are worse on entering the room. *Nux vom.*

NOSE.—Obstruction of nose, impeding breathing; goes off in open air, returns in room. *Kali carb.*

FACE.—*Face hot on entering room from open air. *Cinchona.*

TEETH.—Toothache on entering room from cold air. *Magnes. sulph.*

NAUSEA AND VOMITING.—Inclination to vomit on entering a room. *Carburet. sulph.*

COUGH.—Cough from tickling in chest, mornings, after coming into the room from cold air. *Bovista.*

LIMBS, UPPER.—Cold hands as if frozen, with buzzing in hands on entering a room. *Nux mosch.*

CHILL, FEVER, SWEAT.—Constant chilliness up back and shoulder, worse entering room from open air. *Argent. nit.*

Heat in evening in room, after walking in open air. *Ran. scel.*

SECTION XII.

WORSE ON ENTERING WARM ROOM.

HEAD, INNER.—Dull headache, with coryza, worse in evening, better in open air, but aggravated on returning to a warm room. *Allium cepa.*

Congestion of blood to head, when entering warm room, better in open air. *Coccus cacti.*

*Dull headache in right side of brain, on coming into warm room from open air. *Spongia.*

HEAD, OUTER.—Eczema on head in front, worse coming from the cold into a warm room. *Hydrastis.*

EARS.—Piercing pain in right ear inward, worse going from cold air to warm room. *Natr. sulph.*

Tearing-stitching pain in ears, extending to forehead and temples, worse entering warm room. *Nux vom.*

NOSE.—*Constant sneezing, with profuse acrid coryza, when coming into warm room. *Allium cepa.*

FACE.—Hot face, especially when entering a warm room, especially when coming from cold air. *Cinchona.*

TEETH.—*Toothache recommences on entering warm room. *Cham.*

COUGH.—Cough in hot sun, coming into warm room from cold air. *Ant. crud.*

Cough night and day, sounds loose, but no expectoration, worse on entering warm room. *Bromium.*

*Cough worse entering warm room. *Bryon.*

*Cough, violent, dry, worse on entering warm room. *Natr. carb.*

*Cough on entering warm room. *Verat. alb.*

LIMBS, UPPER.—Hands feel cold as if frozen, with tingling under nails, on entering warm room. *Nux mosch.*

FEVER, CHILL, SWEAT.—In evening when entering the warm room, thirst; pain in back and loins and in lower part of thigh. *Gels.*

CHAPTER X.

EFFECTS OF OPEN AIR.

SECTION I.

BETTER IN OPEN AIR.

MIND.—*Anxiety worse in room, better in open air. *Bryon.*

Anxious in room, better in open air. *Magn. mur.*

SENSORIUM.—Dulness, pressure, fulness, heaviness in head, most in occiput, worse evenings, better in open air, and worse when returning to warm room. *Allium cepa.*

Stupefying headache with nausea, better in the open air. *Ant. crud.*

Vertigo less in open air. *Ant. tart.*

Heaviness in head, with humming in ears, goes off in open air, returns on entering room. *Arsen. alb.*

Vertigo is better in open air. *Causticum.*

Vertigo as if intoxicated in room, but not in open air. *Crocus sat.*

Sensation of cold in forehead and vertex as if a cold wind were blowing on it, descending through the neck to the back, worse in room, better in open air. *Lauroceras.*

*Faint feeling, fear of falling, worse in close room, better in fresh air, though he is chilly. *Lilium tigr.*

Vertigo in morning on rising, during dinner, going off in open air. *Magnes. mur.*

*Vertigo, heaviness of the head, with qualmishness of the stomach, better out of doors. *Tabacum.*

HEAD, INNER.—*Headache better in open air. *Aconitum.*

Dull headache with coryza, worse in evening, better in open air. *Allium cepa.*

Burning-pressive pain, with heat in forehead, while standing or sitting, better in open air. *Alum.*

Continued headache ceases in open air. *Aranea.*

Drawing headache as if the temples would be drawn in (at noon), ameliorated in open air. *Asarum Europ.*

Tearing headache, deep in forehead and temples, abating in open air. *Aurum met.*

Headache worse from motion, better in open air. *Berberis.*

Drawing-tearing pain from the forehead toward the temples, better in open air than at rest. *Carburet. sulph.*

Pain in the head relieved in the open air. *Cimicifuga.*

Congestion of blood to head on entering warm room, better in open air. *Coccus cact.*

On rising in bed everything looks dark; pain relieved by motion and in open air. *Comoclad. dent.*

Pain in vertex in forenoon as if bruised, better in open air. *Gambogia.*

*Headache with red face, accelerated pulse, sweat on face, unconsciousness, better in open air. *Glonoin.*

Headache better in open air. *Glonoin.*

*Pressing headache from within outward, better in the open air. *Helleborus.*

Stupefying headache, with coryza (4 to 8 P.M.), better in open air. *Helleborus.*

*Headache as if bruised, with nausea, better in open air. *Ipecac.*

Violent pressing pain in temples, ceasing in open air and reappearing when entering room. *Jatropha curcas.*

Soon after dinner a dull throbbing above eyes, as if the head would burst, better in open air. *Kali bich.*

Pains in the side of the head, as if screwed in, better in the open air. *Kali hydriod.*

Headaches worse in room, going off in open air. *Cobalt.*

Stitches in temples better in open air. *Lycopod.*

Tearing in forehead or right side of head, extending to neck, with tearing in face, eyes, and teeth, better in open air. *Lycopod.*

*Congestion of blood to the head, with throbbing in the head, better in open air. *Manganum acet.*

*Headaches arising in room, better in open air, and *vice versa.* *Manganum acet.*

Dull headache in room, with difficult flow of ideas, better in open air. *Menyanthes.*

*Stupefying-compressing headache, mostly in forehead, with nausea in the evening, worse when moving the head and in the room, better in the open air. *Moschus.*

*Tension in the back part of the head and neck, with nausea, worse in the evening when sitting in the room, and when becoming cold, better in the open air and when getting warm. *Moschus.*

Pressive headache in forehead and temples, ceasing in open air. *Nuphar lutea.*

Pressing headache from without to within the forehead and temples, gradually increasing and diminishing, worse in room, better in open air. *Platina.*

*Sensation of numbness in the head and externally on the vertex, preceded by a sensation of contraction of the brain and scalp, better in open air. *Platina.*

Frontal headache pressing down on to the eyes, as though they would be pressed out, better in open air. *Sabina.*

*Paroxysms of hemicrania, stinging pain from within outward, in one (mostly left) side of head and forehead, with nausea, vomiting, and contraction of pupils, worse indoors, better in open air. *Sepia.*

Headache better in open air. *Tabacum.*

HEAD, OUTER.—*Disposition to take cold about the head after getting wet, better in open air. *Ant. crud.*

Pressing-tearing pain in skull, principally in the temporal bones, renewed every day at noon, better in open air. *Argent. met.*

*Sensation of coldness in the forehead and vertex, as if a cold wind were blowing on it, descending through the neck to the back, worse in room, better in open air. *Lauro.*

Great sensitiveness of the scalp to the touch, especially on the temples, forehead, and borders of the hair, worse in warm room, better in open air. *Natr. mur.*

*Sensation of coldness in the vertex, better in the open air. *Sepia.*

*Burning in forehead and nausea, better in open air. *Stannum.*

EYES.—*Eyes red, shuns light, after straining them while sewing, worse in warm room, better in open air. *Argent. nit.*

Lachrymation in room, not in open air. *Crocus.*

Lachrymation (tears acrid) worse in room than in open air. *Digitalis.*

Itching of the inner canthi, with discharge of acrid, corrosive tears after rubbing, relieved in the open air. *Gambogia.*

Burning and smarting sensation in the eyes and lids, with profuse lachrymation, relieved in open air. *Phytolacca.*

*Granular lids; dry, or with excessive bland secretion, better in open air, but not in wind. *Puls.*

EARS.—Roaring in ears, better outdoors. *Puls.*

NOSE.—Coryza, with headache, roaring in the ears, fever, sleeplessness, especially if coryza has been suppressed by exposure, better in open air. *Acon.*

Fluent coryza, headache, lachrymation, cough, thirst, want of

appetite, trembling of hands, feverish, worse indoors, better outdoors. *Allium cepa.*

Coryza, fluent in a cold room, stopped in warm room and outdoors. *Calc. phosph.*

One or other nostril obstructed, less in open air. *Rhododen.*

FACE.—Burning heat of face, passes off in open air. *Amm. mur.*

Face flushed after dinner, with drowsiness and lassitude, but inability to sleep when lying down, somewhat better on going into open air. *Lobelia cerul.*

Flushes of heat in face from any movement, better in open air. *Stann.*

TEETH.—Violent drawing aching in carious teeth, less in air and in warmth. *Bovista.*

Toothache better in open air. *Clematis.*

Toothache relieved in cool open air. *Puls.*

TONGUE.—Bitter foul taste in mouth, less in fresh air. *Psorin.*

NAUSEA AND VOMITING.—Nausea disappearing in open air. *Crocus sat.*

*Nausea, feeling of heat over body, with giddiness and rush of blood to head, better in open air. *Kali bich.*

LARYNX.—Constriction in larynx, causing frequent deglutition, with oppression of breathing, better in the open air. *Colocynth.*

BREATHING.—*Great difficulty of breathing in going up even a few steps, less in open air. *Ammon. carb.*

*Oppression of the chest in the morning when rising, cannot breathe in room, better in open air. *Belladonna.*

*Anguish accompanied by great oppression, ameliorated in the open air. *Cannabis ind.*

Feeling of expansion (of lightness) in the lungs, also in nasal passages, when walking outdoors. *Carbolic acid.*

Asthma of old people, better in cold air. *Carbo veg.*

*Suffocative attacks in room, better in open air. *Ipecac.*

The difficulty of breathing is better in the open air. *Pothos fœtid.*

Asthmatic oppression of chest, worse in close room, better in open air. *Trifol. praten.*

COUGH.—Dry cough relieved in open air. *Argent. met.*

Cough worse in warm room, better in open air. *Dulc.*

NECK, BACK.—Dull pain in the nape of neck, increasing at times in acuteness, with numbness, heat, and weight, better from rest and in the open air. *Paris.*

LIMBS, UPPER.—Panaritium especially if pain is better outdoors. *Natr. sulph.*

SLEEP.—Sleepiness all day, sometimes better in open air. *Aethus.*

Drowsiness going off in open air. *Tabacum.*

GENERALITIES.—Usually better in open air. *Alum.*, *Amm mur.*

Worse indoors, better outdoors, desire for fresh air. *Asaf.*

Many symptoms appear while sitting and better in open air. *Asaf.*

Head complaints better in open air. *Berberis.*

Weariness, languor, tired, and prostrated, better riding in open air. *Cinnabar.*

Better outdoors, worse indoors. *Euphrasia.*

Feels better in open air, with sensation as after a long illness. *Helleborus.*

Better in open air than in room, but the fever is worse in open air. *Kali carb.*

Open air relieves unpleasant symptoms. *Merc. prot.*

Gastric symptoms better in open air. *Myrica.*

All the symptoms better in cool open air. *Ptelea trif.*

Better in open air as long as he does not move about. *Sarsap.*

CHILL, FEVER, SWEAT.—*Chill worse in room than in open air. *Bryon.*

Chill after meals, better in open air. *Graphites.*

*Chill worse in warm room, less in open air. *Ipecac.*

Chill running down the back, lessened outdoors. *Magn. carb.*

Chill lessened in open air. *Magn. mur.*

Chill lessened outdoors. *Mezereum.*

Chilly in warm room and near fire, all the symptoms better in the open air. *Ptelea trif.*

SECTION II.

WORSE IN OPEN AIR.

MIND.—Irritability, especially in afternoon and open air. *Aethus.*

Despondent in the open air. *Kali carb.*

SENSORIUM.—Sensation of emptiness and hollowness in head, worse in open air, better warm in bed. *Coccul.*

Vertigo, with dulness of the head, pale complexion, debility, and nausea, worse in open air. *Croton tig.*

Slight giddiness on going out into the open air early in the morning. *Coca.*

Vertigo when standing or walking in open air. *Euphorb.*

Vertigo, confusion, faintness, black spots before eyes, worse in open air. *Glonoin.*

*Vertigo and disposition to sleep, worse in open air. *Lauroc.*

*Vertigo while standing in open air, with inclination to fall forward. *Podoph.*

Vertigo, with danger of falling when going from room into open air. *Ranun. bulb.*

Staggers, falls forward in open air. *Sarsap.*

*Rush of blood to head, with roaring of ears and heat of face, worse in open air, better in warm room. *Sulph.*

HEAD, INNER.—Headache, worse in open air. *Argent. nit.*

*Pressive frontal headache, so severe, when walking, that the eyes were drawn shut, worse on going into open air. *Bellad.*

Headache, with restlessness, icy coldness of the body, bleeding of the nose, constriction in throat, thirst, nausea and vomiting, in the open air. *Cadmium sulph.*

Throbbing headache after menses, worse in open air. *Carbo an.*

Headache, worse in the open air. *Cedron.*

*Pulsating unilateral headache, with one red cheek, in the open air. *Cham.*

Headaches from suppressed coryza, worse in open air. *Cinchon.*

Headaches generally worse in open air. *Cinchon.*

*Spasmodic trembling of head, caused by weakness of muscles of the neck, worse in the open air. *Cocculus.*

Headaches, worse in the open air. *Cocculus.*

*One-sided headache, as from a nail driven into the head, worse in open air. *Coffea.*

Stupefying headache, first in the forepart of the head, later in the back part, with coryza, worse in the open air. *Conium.*

Hydrocephalus, pains worse in the open air. *Conium.*

*Headache, with a sensation of soreness internally, better in the house, aggravated when first going into the open air. *Eupator. perf.*

Headache, worse in evening and in open air. *Kalmia.*

Painful tearing in the forehead in open air. *Lachnanth.*

Every six weeks pain in forehead and around the eyes, feels as if head would burst, worse in fresh air. *Magn. mur,*

*Head feels as if in a vice, with nausea, worse in open air. *Merc.*

Headache, with dulness, worse in open air. *Mezereum.*

Headache, with chilliness, worse in open air. *Mezereum.*

*Heaviness in head, pressing out in forehead, worse when the head becomes cold in open air. *Silicea.*

Pulsation and heat in head in open air. *Sulph.*

Headaches generally worse outdoor, better indoor. *Sulph.*

*Sensation of emptiness in occiput, worse in open air, better indoors. *Sulph.*

*Pressure and constriction in the forehead, worse in open air. *Valerian.*

HEAD, OUTER.—*Great sensitiveness of head to open air; wraps head up warmly. *Arsen.*

*Convulsive trembling of the head from weakness of the muscles of the neck, worse in open air and better in warm room. *Coccul.*

*Scalp feels constricted, worse in open air. *Natr. mur.*

Eruption on scalp very sore, worse in open air. *Sulph. ac.*

EYES.—*Intolerance of light; tears from bright light and open air. *Ailanth.*

Sensation of coldness in eyes in the open air. *Alum.*

Mist before eyes, worse in bright light outdoors, better in room. *Amm. mur.*

Eye symptoms worse in open air. *Benz. ac.*

Watering of the eyes in morning or in open air. *Calc. carb.*

Conjunctiva injected; pupils dilated; lachrymation in open air. *Camph.*

Lachrymation in open air; must close eyes. *Canth*

Lachrymation even in room, worse in open air. *Caust.*

Lachrymation, and eyes sensitive to open air. *Clemat.*

Profuse lachrymation in open air, with water from the nose. *Cobalt.*

Watering of eyes in open air. *Colchic.*

Feeling of coldness or burning of the eyes in open air. *Conium.*

Lachrymation in open air. *Graph.*

*Eye symptoms worse in evening and in open air. *Kalmia.*

*Profuse smarting tears in open air. *Mar. ver.*

*Pustular conjunctivitis; lachrymation in open air. *Puls.*

Swimming eyes, full of water, especially in open air. *Rheum.*

*Photophobia and lachrymation in open air. *Rhus tox.*

Eyes water in open air, not indoors. *Ruta.*

Lachrymation in the open air. *Senega.*

*Lachrymation in the open air. *Silic.*

*Dryness of eyes in room; lachrymation in open air. *Sulph.*

Lachrymation, especially in open air. *Thuja.*

Smarting of the eyes, with profuse secretion of tears, in open air. *Ustilago.*

EARS.—Ear symptoms worse in open air. *Benz. ac.*

Crackling noise in head (one side) synchronous with pulse; morning and in open air. *Coffea.*

NOSE.—Fluent acrid coryza, with paroxysms of sneezing, worse in the open air. *Arsen. iod.*

Watery discharge from both nostrils while in the open air, ceasing when indoors, returning on entering a cold room. *Carbolic acid.*

Fluent coryza, worse in open air than room. *Coloc.*

Coryza; discharge scanty in room, fluent outdoors. *Hydrast.*

*Dry coryza, becoming fluent in open air. *Iodum.*

*Coryza, with pressure and tightness at root of nose, worse in open air. *Kali bich.*

Sneezing in morning, on going into open air. *Kali bich*

*Dropping from nose in open air. *Lithium carb.*

*Fluent burning coryza outdoors; nose stopped up indoors. *Sulph.*

*Coryza fluent outdoors, dry in room. *Thuja.*

Watery coryza, right side, then left, more in open air. *Zingiber.*

FACE.—*Scaly, dry herpes of face, burning in open air. *Ledum.*

*Cheeks red and hot, especially in open air. *Valerian.*

TEETH.—Sensibility of teeth to open air. *Acon.*

Toothache; teeth feel loose and elongated; worse in open air. *Alum.*

Toothache in one lower incisor, worse by contact with tongue and the open air. *Anac.*

Toothache, stitching-digging gnawing, in open air. *Cham.*

Toothache, worse from open air. *Cinchon. off.*

*Toothache from contact with fresh open air. *Petroleum.*

Pricking stinging in the teeth, worse in open air. *Phosph.*

Toothache, worse in open air. *Puls.*

Tearing-stinging toothache often at night, worse in open air. *Rhus tox.*

*Toothache coming on in open air. *Sulph.*

THROAT.—Palate and lips dry, worse in open air. *Mang. ac.*

NAUSEA AND VOMITING.—Inclination to vomit going into open air. *Carburet. sulph.*

SEXUAL ORGANS, FEMALE.—Menstrual derangements, worse in open air. *Nux mosch.*

LARYNX.—Burning and stinging in larynx, especially in open air, during wet and cold weather. *Chenopod.*

Rough speech in open evening air. *Mangan. acet.*

Roughness and hoarseness in morning and open air. *Mangan. acet.*

BREATHING.—Oppressed breathing as if the chest were not wide enough, especially in the open air, and when stooping. *Senega.*

COUGH.—Hawking of clear white mucus while in open air. *Carbolic acid.*

*Cough worse in open air. *Cham.*

Irritation to cough outdoors. *Coffea.*

Cough worse in night air. *Merc.*

Cough in the open air. *Natrum.*

*Dry shaking cough from tickling in the larynx, especially in open air. *Senega.*

Cough in open air. *Sulph. acid.*

Cough on coming into open air. *Trifol. prat.*

NECK AND BACK.—*Pressure in the nape of the neck, particularly in the open air, compelling him to bend the head forward. *Laurocer.*

LIMBS, LOWER.—Drawing and tearing in thighs and legs, knees and feet, worse in open air, better in warmth of bed. *Causticum.*

Rheumatic pain in right knee, worse in open air. *Phytolacca.*

NERVES.—*Fainting and weakness in open air (especially of hysterical persons). *Moschus.*

GENERALITIES.—Eye complaints worse in open air. *Berber.*

Cannot bear the cold or warm (open) air. *Coccul.*

Worse in open air. *Gelsem.*

Worse in open air. *Guaiacum.*

Cold creeps in open air ; chills run up legs ; head stopped up ; dull pain over orbit. *Hamamelis.*

Many symptoms aggravated in open air. *Kreosot.*

*Very sensitive to open air. *Rhus tox.*

CHILL, FEVER, SWEAT.—Great chilliness in open air, strikes through the whole body. *Agar.*

Chill increased in open air, less in warm room. *Amm. carb.*

Chilliness in open air, relieved in sunshine. *Anacard.*

Shuddering, without thirst, worse in open air. *Arsen.*

Chill and cold feeling in forenoon, in open air, generally with heat of head. *Asar. Eur.*

Chilly on going into open air. *Baptis.*

Shaking chill, outdoors. *Calc. phosph.*

Chill in open air, especially in draught. *Capsicum.*

*Great chilliness in open air. *Hepar s. c.*

Hot sudden attacks of sweat in room, increased in open air. *Ipecac.*

Chill or chilliness in forenoon and in open air. *Jacea.*

Chill increased outdoors. *Kali carb.*

Chilliness in open air. *Kali chlor.*

Chilly when in cool open air, otherwise better. *Lilium tigr.*

Chilliness in the open air and from the least movement. *Merc. cor.*

Chilliness upon going outdoors, with aching pain in lumbar region. *Myrica.*

Chill in afternoon in open air, followed by dry heat when in bed, accompanied by all sorts of fancies while in a state of half waking, without sleep. *Nitr. ac.*

*Chilliness, with pale face in open, especially damp, cold air. *Nux mosch.*

Heat, increased by least exertion and in open air. *Nux vom.*

*Chilliness in open air. *Petroleum.*

*Shaking chill going from room, into open, even warm room. *Platina.*

*Coldness in open air, and when exercising. *Plumbum.*

*The well-covered chest is chilly out of doors. *Ran. bulb.*

Chilliness and chill, almost only in open air, with weakness and dyspnœa. *Senega.*

Flushes of heat at intervals through the day, in open air. *Sepia.*

*Chilliness in evening, in open air and from motion. *Sepia.*

*Chill in open air. *Taraxacum.*

Chills in open air. *Zincum.*

Chilly in open air; in evening; chills go upward. *Zingiber.*

SKIN.—Blisters discharge a yellowish transparent liquid, hardening to a crust in open air. *Anac.*

Blotches stinging, burning, feeling like hard knots, of a dirty yellow color, less indoor than in open air. *Aur. met.*

Itching when becoming heated in the open air. *Ignat.*

*Dry violently itching herpes, burning in open air. *Ledum.*

*Itching nettlerash, in open air. *Nitr. ac.*

Sensitive to open air, dry, yellow, or pale bluish. *Plumbum.*

Crusts become detached in open air. *Sarsap.*

SECTION III.

BETTER EXERCISING IN OPEN AIR.

MIND.—Dulness of mind during coryza, better walking in the open air. *Merc. biniod.*

SENSORIUM.—*Constant vertigo not relieved by shutting the eyes, better when walking fast in open air, worse when sitting down. *Carbolic acid.*

*Sensation of numbness in forehead; the head feels dull; better from exercise in open air. *Magnes. mur.*

HEAD, INNER.—Headache better walking in open air. *Aethusa.*

Headache relieved by smoking tobacco and going into open air. *Aranea diadema.*

*Headache; beating, or pressure as from a load on brain; walking in open air relieves permanently. *Arsen. alb.*

Headache better morning in open air. *Asafœtida.*

Pressing headache in the forehead, cannot keep eyes open, relieved by walking in open air. *Corall. rubr.*

Headache better while walking slowly in fresh air. *Eupator. perf.*

Walking in open air, uncovering the head, relieves. *Glonoin.*

*Lancinating headache, better walking in open air. *Hepar. s. c.*

Tension in head, better walking slowly in open air. *Lycop.*

Heaviness and dizziness in head going off after a walk. *Magn. carb.*

Headache better walking in open air. *Menispermum.*

Pressing headache from without to within, with tension extending to eyes, with nausea, better from riding in a carriage. *Nitric acid.*

*Headaches better riding in open air. *Nitrum.*

Pains in bones of skull, with sensation as if constricted with tape; better from cold air and riding in a carriage. *Nitr. ac.*

*Burning in forehead, with pulsations, morning and afternoon, better in open air, walking. *Phosph.*

*Headaches generally better walking slowly in open air. *Pulsat.*

*Soreness, as from subcutaneous ulceration in one or both temples, worse in warm room, better when walking in open air. *Pulsat.*

Hemicrania, worse over right eye, relieved by moving about in the open air. *Scutellaria.*

*Headaches better from exercise in the open air. *Thuja.*

NOSE.—Obstruction of nose, making breathing through nos-

trils impossible, goes off when walking in open air, but returns in the room. *Kali carb.*

TEETH.—Toothaches better walking in open air. *Ant. crud.*

ABDOMEN.—Rumbling in abdomen with colic, better walking in open air. *Jatropha.*

SEXUAL ORGANS, FEMALE.—Menstrual disturbances worse in warm room, better walking in cold open air. *Glonoin.*

BREATHING.—Oppressed breathing, better walking in open air. *Alum.*

Difficult breathing ameliorated by fresh air. *Cistus can.*

*Anxious breathing, better in open air, and exercising the arms. *Natr. mur.*

Stitches in right side of chest going through to back, better walking in open air. *Palladium.*

POSITION.—Better from moderate exercise in open air. *Alum.*

GENERALITIES.—Better walking outdoors in mild weather. *Alum.*

Better by slow motion in the open air. *Ambra gris.*

Sensation of stiffness in morning hours, relieved by walking in the open air. *Amm. mur.*

Better when walking in open air. *Baryta carb.*

Weariness, languor; tired, and prostrated, better when riding in open air. *Cinnabar.*

All symptoms ameliorated by motion in open air. *Fagopyrum.*

Irresistible desire to walk in the open air, it does not fatigue. *Kali hydriod.*

Better when taking exercise in open air. *Lactuca.*

Better when walking out in open air. *Lilium tig.*

*Desire to exercise in open air, it does not fatigue. *Mar. ver.*

*Better walking in open air, yet sensitive to cold air or to cold washing. *Mezereum.*

Most of the symptoms, especially those of the chest, are better walking in the open air. *Senega.*

Amelioration when walking out of doors. *Tanacet.*

CHILL, FEVER, SWEAT.—Chill begins in back, with thirst, lessened when walking outdoors. *Capsicum.*

*Chill, 3 P.M., better exercising in open air. *Staphis.*

*Worse indoors, better outdoors when exercising. *Sulph. ac.*

SKIN.—Itching better getting heated in open air. *Ignatia.*

SECTION IV.

WORSE FROM EXERCISING IN OPEN AIR.

MIND.—Indisposed to think after a walk in the open air. *Arnica.*

Imagines he is hovering in the air like a spirit, when walking in open air. *Asar. Eur.*

Hypochondriacal depression and indifference when walking in open air. *Conium mac.*

SENSORIUM.—Vertigo when walking in the open air, reeling as if drunk. *Agar. musc.*

Vertigo when walking in open air, and weakness of stomach. *Ambra.*

Vertigo as if drunk when walking in open air. *Aur. met.*

Vertigo when walking in open air as if he would reel, especially when turning the head quickly. *Calc. carb.*

Vertigo when walking in open air. *Calc. phosph.*

Vertigo and unconsciousness walking in open air. *Canth.*

Vertigo when walking in open air, better in room, *Cyclam.*

Vertigo when walking in open air, tendency to fall to the left. *Drosera.*

Vertigo when standing or walking in open air. *Euphorb.*

*Vertigo from walking in open air (at climaxis). *Lachesis.*

*Vertigo, as from intoxication, when walking in open air. *Ledum.*

*Vertigo, with reeling and staggering as if drunk, when walking in open air. *Nux mosch.*

*Vertigo when walking in open air. *Ruta.*

*Momentary attacks of giddiness when walking in the open air or while writing. *Sepia.*

Vertigo worse walking in open air or raising head. *Stann.*

*Vertigo when walking in the open air. *Sulph.*

*Sensation in the forehead as if the brain were loose and falling from side to side, worse when walking in open air, better when sitting quiet in the room. *Sulph. ac.*

HEAD, INNER.—Pressing headache in forehead with a chill when walking in open air. *Alum.*

Pulsating, beating, and pressing in forehead, as if it would burst, worse walking in open air, better in warm room. *Amm. carb.*

Stupefying dull headache in the forehead, so violent that sweat broke out from anxiety, when walking in the open air. *Ant. crud.*

Pressive-bursting headache, with fulness, nausea, and vomiting, worse when walking in the cold air. *Capsic.*

Stupefying headache, especially in the forehead, then also in the occiput, when walking in open air. *Cina.*

One-sided headache, as from a nail driven into the head, worse when walking in open air. *Coffea.*

Headache worse on rising from seat, and by walking in open air. *Gratiola.*

*Congestive headache, must support the head with the hands, worse when walking in open air, better at sunset. *Lil. tigr.*

*Tension in head, on *getting warm*, while walking in the open air. *Lycop.*

*Headache from walking in open air, especially in the cold wind. *Mur. ac.*

*Congestion of blood to the head, with burning in it, and with heat and redness of bloated face, worse walking in open air. *Nux vom.*

Burning in forehead in morning when exercising in open air. *Nux vom.*

HEAD, OUTER.—Profuse sweat on head, especially on walking in the open air. *Cinchon. off.*

Sensitiveness of scalp, especially roots of the hair, to the least touch, worse when walking in open air. *Cinchon. off.*

Sweat on the head when walking in open air. *Graphit.*

Hairy scalp is very hot, and itches very much, especially when walking in open air. *Graphit.*

Rheumatic pains in scalp extending to teeth, and worse walking and becoming cold in open air, relieved by warmth and by getting warm while walking. *Graphit.*

Perspiration principally on head and forehead (when walking in open air). *Guaiac.*

EYES.—Worse reading by artificial light or when walking in the open air. *Benz. ac.*

Eyes close, even while walking in open air, with drowsiness before dinner. *Calad. seg.*

Burning in eyes relieved by walking in open air. *Gambog.*

Photophobia when walking in open air. *Psorin.*

Neuralgic pain in eyeballs while walking in open air. *Pulsat. nut.*

Eyes full of tears in open air, not in room. *Ruta.*

Lachrymation when walking in open air. *Sabad lla.*

EARS.—*Singing in (right) ear while walking in open air. *Lachnanth.*

NOSE.—*Fluent coryza, lachrymation, and hoarseness, while walking in open air. *Tellurium.*

FACE.—*Heat in face, glowing red cheeks, when walking in open air. *Muriat. ac.*

*Cramplike pain, from left articulation of jaw to cheek, when walking in open air. *Spongia.*

TEETH.—Toothache while riding in a carriage. *Magn. carb.*

THROAT.—Great heat in throat when moving in open air. *Ledum.*

NAUSEA AND VOMITING.—Heartburn, with abortive eructations, when walking in open air. *Ambra.*

Excessive nausea and vomiting when riding in carriage. *Coccul.*

*Squalmish about navel when walking in open air. *Lachnanth.*

Faintness and nausea while walking in open air. *Lycop.*

Sensation of heat in præcordia while walking in open air. *Plantago.*

HYPOCHONDRIA.—*Stitches in region of liver, and sensitiveness, when walking in the open air. *Natr. sulph.*

*Stitches in left hypochondrium while walking in the open air. *Natr. sulph.*

SEXUAL ORGANS, FEMALE.—Stitches up the vagina, or from within outward, when walking in open air. *Nitric ac.*

Dull tearing in the labia, during or after walking in open air. *Phosph.*

BREATHING.—Heaviness of chest when walking in open air. *Amm. carb.*

Great oppression at night and when walking in open air. *Aur. met.*

*Oppression of breathing, worse walking in the open air. *Lycop.*

COUGH.—Cough without expectoration during a walk in cold air. *Arsen.*

Cough worse walking in open air. *Carbo veg.*

Cough worse walking in open air. *Digitalis.*

Cough worse at rest or walking in wind. *Euphras.*

Cough after a meal, or only when walking in open air. *Sulph.*

HEART, PULSE.—Palpitation of the heart when walking in open air, with paleness of face. *Ambra.*

NECK, BACK.—Sudden stitching in sacral region while walking in open air. *Agar.*

Rheumatic-drawing pains in nape of the neck, extending to the left shoulder, and then into the scapula, when walking in open air. *Borax.*

Painful drawing and stiffness on the side of neck, when walking in open air. *Camph.*

LIMBS, LOWER.—*Tension in right tarsal joint while walking in open air. *Bellad.*

Burning sore pain in heels when walking in open air. *Cyclam.*

Sore pain in right heel when walking in open air. *Euphorb.*

ALL THE LIMBS.—*Pains in all the limbs, as if clothing was too tight, after a walk in the open air. *Cinchon. off.*

Great weakness, especially in lumbar region and bends of knees, when walking in open air. *Zincum.*

NERVES.—Sudden prostration after dinner when walking in open air. *Amm. mur.*

*Limbs weak while walking in open air. *Sang. can.*

SLEEP.—Yawning when walking in open air. *Euphras.*

GENERALITIES.—*Ebullitions and pulsations in the whole body, especially after walking in the open air. *Ambra.*

Generally worse walking in the open air. *Spigelia.*

CHILL, FEVER, SWEAT.—Sweat on hands when walking in open air. *Agnus.*

Chilliness when walking in the open air. *Arsen. alb.*

*Profuse and easily excited perspiration when walking slowly in the cold open air. *Bryon.*

Profuse sweat when walking in open air. *Caustic.*

*Chill internally when walking in open air, better in room. *Chamom.*

*Profuse perspiration during sleep, and from exercise in open air. *Cinchon. off.*

Chilliness when beginning to eat, and when walking in open (not cold) air. *Euphorb.*

Heat when riding in a carriage. *Graphit.*

Perspiration, principally on head and forehead (when walking in open air). *Guaiac.*

Heat in evening, indoor, after walking in open air. *Ran. scel.*

Profuse, debilitating sweat, especially when moving about in open air. *Rhodod.*

*General sweat after walking in open air. *Ruta.*

SENSATIONS.—Faintish weakness after walking in open air. *Berber.*

SECTION V.

DESIRE FOR FRESH AIR OR OPEN AIR.

HEAD, INNER.—Anxiety, vertigo, and heat of head drive her into the fresh air; she feels better. *Chelidon.*

Heat in head, compelling him to seek the open air, with thirst. *Niccolum.*

FACE.—Frequent flushes of heat, wants to be in fresh open air. *Cimicif.*

SEXUAL ORGANS, FEMALE.—Before menses, desire for open air. *Laches.*

PREGNANCY.—*Hour-glass contraction; irritability; thirsty; desire for fresh air; restless. *Cham.*

*Labor pains spasmodic; excite suffocation and faint spells; must have doors and windows open. *Puls.*

BREATHING.—Anxiety in region of sternum, without pain, feels as if he must go into open air and be busy. *Anacardium.*

*Must open window and get his face to the fresh air; burning heat of the skin, dry tongue, accelerated pulse. *Baptisia tinct.*

*Desires to be fanned, must have more air. *Carbo veg.*

Longs for fresh air to breathe more easily. *Chelid.*

*Gasps for air at the open window. *Ipecac.*

*Chest feels as if too full of blood; oppressive heat, must go into open air, but it increases the headache. *Lil. tigr.*

Nightly suffocative fits; wants windows and doors open. *Sulph.*

LUNGS.—Hæmoptysis, burning in chest, paroxysms of violent cough, hoarse; face pale; skin cold; slow, intermittent pulse; wants to be fanned. *Carbo veg.*

GENERALITIES.—Inclination for open air. *Apis mel.*

Inclination for, and better in, open air. *Arnica.*

Desire for open air. *Asafœtida.*

Irresistible inclination to go into open air. *Kali hydr.*

*Generally inclination for the open air. *Lycop.*

Inclination for open air. *Magnes. carb.*

Inclination for open air and to wash in cold water. *Natr. mur.*

Wants to exercise in fresh air which does her good. *Origan. vulg.*

*Desire for fresh air. *Secale cornut.*

FEVER, CHILL, SWEAT.—Chilliness less in open air than in room. *Bryon.*

SECTION VI.

AVERSION TO OPEN AIR.

SENSORIUM.—Aversion to open air, overexcited, talkative. *Coffea.*

HEAD, INNER.—Pain in head increased by fresh air. *Chelid.*

THROAT.—Throat sore, averse to open air. *Baptis. tinct.*

SEXUAL ORGANS, FEMALE.—Menses suppressed or scanty, and painful, dread of fresh air. *Cyclamen Europ.*

GENERALITIES.—Aversion to the open air. *Calc. carb.*

Shuns open air. *Capsicum.*

Aversion to open air. *Carbo an.*

Aversion to the open air. *Jacea.*

Shuns open and cold air, or draught. *Kali c.*

Great aversion to or great desire for, open air. *Lycop.*

Aversion to open air. *Muriatic acid.*

*Liability to take cold, aversion to open air. *Natr. carb.*

Great aversion to open air. *Nux vom.*

*Aversion to open air, and from it chilliness. *Petroleum.*

Aversion to open air. *Sepia.*

SECTION VII.

BETTER FROM COOL AIR.

HEAD, INNER.—Pulsating in right side of forehead, better in cold air. *Ant. tart.*

Pressing headache (with stupefaction and nausea), better from motion and in cool air. *Drosera.*

Dull headache in evening, pressing outward, especially in occiput, relieved by pressure, gentle motion or fresh air. *Fagopyrum.*

*Headache better from open cold air, and uncovering the head. *Lycop.*

Stupefying headache in morning, better in cold air. *Phosph.*

Inflammation of brain, with pulsations and ringing; the heat enters the head from the spine, and thence to the feet; better moving about in cool air. *Phosph.*

Headache extends to eyes, worse in warm room, better in cold air. *Senega.*

HEAD, OUTER.—Constrictive pain in skull, better from cold air. *Nitr. ac.*

EYES.—*Ciliary blepharitis from being over a fire, better from cold air and cold applications. *Argent. nit.*

Cold air (not wind) is pleasant to the eyes. *Asar. Eur.*

NOSE.—*Coryza worse in warm room, better in cold air. *Nux vom.*

TEETH.—Toothache lessened by cool air. *Natr. sulph.*

Toothache relieved in cool open air. *Puls.*

NAUSEA AND VOMITING.—Sea-sickness, deathly nausea, better on deck in the fresh cold air. *Tabacum.*

SEXUAL ORGANS, FEMALE.—*Instead of menses, congestion to head; face pale; worse in the warm room; better walking in cold air. *Glonoin.*

BREATHING.—*Respiration impeded, quick and deep, without motion of the ribs, better in cold air and from drinking cold water. *Bryon. alb.*

Asthmatic attack as from an accumulation of flatus, better in cold air. *Cham.*

Asthma better in cold air. *Merc.*

Oppressed breathing, better from cold air. *Opium.*

COUGH.—Cough in warm room, better in cold room. *Cocc cact.*

GENERALITIES.—All the symptoms better in the cool open air. *Ptelea trif.*

TISSUES.—Arthritic complaints worse in heated room, better in cool air or cool room. *Sabina.*

SKIN.—*Nettlerash which always disappears in cool air. *Calc. carb.*

SECTION VIII.

WORSE IN COLD AIR AND COLD OPEN AIR.

HEAD, INNER.—Pressing pain in temples as from a nail; worse in the cold air, and from mental exertion. *Anacard.*

Inflammation of the brain (after sunstroke), with pulsation and constriction, worse in cold air. *Camph.*

Pressive-bursting headache, with fulness, nausea, and vomiting, when walking in cold air. *Capsicum.*

Heaviness of head especially in cerebellum, worse forenoon, in cold air. *Carbo an.*

Beating in forehead, evenings; worse before and after eating; also when riding, especially in cold air. *Coccul.*

Sick headache worse in cold air. *Eupator. purp.*

Dull throbbing or shooting in right side of forehead; nausea; worse from cold air. *Iris versicolor.*

Frequent headaches from cold air. *Natr. mur.*

*Tension in the forehead as if it were pressed in, at night and in the morning, worse on exposing the head to the cold air. *Nux vom.*

*Headaches worse from cold air. *Silicea.*

HEAD, OUTER.—Pressure on top of head when cold air touches. *Ferrum.*

Chilliness on scalp and back, worse from cold air. *Stront. carb.*

EYES.—The closed eye is very sensitive to the cold air. *Clematis.*

Lachrymation worse in bright light or cold air. *Digitalis.*

Twitching of eyelids in the cold air. *Dulcam.*

*Lachrymation and pain from cold air. *Cobalt.*

NOSE.—Redness of nose in open cold air. *Aloe.*

Dry coryza in the cold air *Dulcam.*

Aching pains in nose when in cool air. *Fagopyrum.*

Coryza worse from either cold or warm air. *Merc.*

FACE.—*Pimples and vesicles, with acrid discharge, itching, burning, worse in cold air. *Arsen. alb.*

LOWER JAW.—Twitching of lips when in cold air. *Dulca mara.*

TEETH.—Toothache worse from cold air. *Bellad.*

Toothache from every cold draught of air. *Sepia.*

Toothache worse from cold air. *Spigelia.*

TONGUE.—Tongue and jaws become lame if cold air or water chills him. *Dulcamara.*

THROAT.—Sore throat, worse from cold air. *Cistus can.*

Sore throat, worse from cold air. *Coffea.*

*Angina, with stinging pains, worse from empty swallowing, at night, and in the cold air. *Merc.*

ABDOMEN.—Colic, caused by cool evening air, with diarrhœa. *Merc. viv.*

STOOL.—Diarrhœa, preceded by colic, in cool evening air. *Merc. v.*

Diarrhœa, worse in cold evening air. *Natr. sulph.*

BREATHING.—*Oppressed, labored breathing in cold air. *Arsen. alb.*

Asthma, with fulness of stomach; spasmodic constriction of chest, lower part; worse from cold air. *Nux vom.*

*Cold air causes an oppressed feeling on chest. *Petrol.*

COUGH.—*Cough when going into cold open air. *Arsen. alb.*

Spasmodic cough, excited by tickling and roughness in epigastrium, worse in cold air. *Baryta carb.*

Cough, worse in cold air. *Causticum.*

Cough, worse from cold air. *Chamom.*

Whooping-cough, worse in the cold air. *Cina.*

Cough from cold air. *Hepar s. c.*

Cough is worse in the cold air. *Hyosc.*

Hacking cough, from an irritation in throat, much increased by the heat and cold air. *Hyper.*

*Cough, worse from cold air. *Nux vom.*

*Cough, dry, from tickling in throat and chest, from cold air. *Phosph.*

Cough is worse from cold air. *Phosph. ac.*

Cough, worse in cold air. *Spongia.*

Dry, tickling, after walking in sharp, cold air. *Veratr. alb.*

NECK AND BACK.—Pain in the loins in cold air. *Baryta carb.*

Stiff neck from cold air; pain from moving even the hands. *Cimicifuga.*

GENERALITIES.—Generally better in warmth, worse outdoor in cold air. *Alum.*

Generally better in warmth, worse in cold air. *Calc. carb.*

Aversion to the cold dry air. *Carbo an.*

Great sensitiveness to cold air; it seems to penetrate the system. *Cimicifuga.*

Stinging-boring pains in the covering of the bones, worse in the cold air. *Helleb.*

Rheumatoid pains, worse from cool air. *Lycopod.*

Worse in snowy air. *Phos. acid.*

CHILL, FEVER, SWEAT.—Chilly, with coryza, in the cold open air. *Aloe.*

*Profuse and easily excited sweat, even when walking slowly in the cold open air. *Bryon.*

Sweat from the slightest exercise, even in the cold open air. *Calc. carb.*

Chilliness and sensitiveness to cold air. *Camph.*

Shivering from uncovering and from cold air. *Cham.*

Shaking chill in cold air. *Kalmia.*

Chilly when in cool open air, yet otherwise better. *Lilium.*

Chilliness and shuddering during exercise in cold open air. *Nux vom.*

SKIN.—Urticaria, worse in cold air. *Rhus tox.*

*Vesicular eruption, itching when uncovered and exposed to cool air. *Rumex.*

*Rash as soon as he goes from the warm room into the cold air. *Sarsap.*

SECTION IX.

WORSE FROM COLD DAMP AIR.

HEAD, INNER.—Headache over left eye, later over right eye, and pressing in left occiput; worse in warm room, but continued in cold damp air. *Zingiber.*

TEETH.—Toothache from damp, cold evening air. *Nux mosch.*

CHILL, FEVER, SWEAT.—Chilliness, with pale face in open, especially damp cold air. *Nux moschata.*

TISSUES.—Dropsy after suppressed sweat, from damp cold air. *Dulc.*

SKIN.—Retrocession of eruptions from damp cold air. *Dulcamara.*

Sensitive especially to cold damp air. *Nux mosch.*

SECTION X.

SENSITIVE TO COLD AIR.

SENSORIUM.—Long-lasting vertigo, with great sensitiveness to the cold air. *Agar.*

HEAD, OUTER.—Pressure on top of head when cold air touched it. *Ferrum.*

NOSE.—Coryza, with aching pains in the head and eyes; sensitive to cold air; every inhalation seems to bring the cold air in contact with the brain. *Cimicifuga.*

TEETH.—Tearing in lower molar teeth, worse from cold air. *Agar.*

Pain in upper and lower incisors; sensitive to cold air. *Aranea.*

Teeth sensitive to cold air and cold water. *Cina.*

Slightest draught of cold air sets the teeth aching. *Gymnoclad.*

Teeth sensitive to cold air. *Merc.*

Toothache from cold air, cold damp air, or anything cold. *Nux mosch.*

STOOL.—Diarrhœa, worse from cold air striking the abdomen. *Caustic.*

PREGNANCY.—Inflammation of the mammæ; sensation of fulness in chest; oversensitiveness to cold air. *Cactus grand.*

Left mammæ inflamed, suppurating, with a feeling of fulness in chest; sensibility to cold air; scrofulous. *Cistus canad.*

CHEST, OUTER.—Chest sensitive to the air. *Helonias.*

LIMBS, UPPER.—Tips of fingers sensitive to cold air. *Cistus can.*

GENERALITIES.—*Very sensitive to cold air. *Aconite.*

Very sensitive to cold air. *Agar. musc.*

Better in warmth, worse in cold air, outdoors. *Alum.*

Very sensitive to cold air, outdoors. *Ammon. carb.*

Oversensitive to the cold air. *Aurum fol.*

Sensitive to cold air; very liable to take cold. *Baryta carb.*

Great sensitiveness to cold and cold air. *Camph.*

Sensitive to the cold air. *Merc. prot. iod.*

*Better walking in open air, yet sensitive to cold air, or to cold washing in the morning. *Mezereum.*

Very susceptible to cold air. *Opium.*

Great sensitiveness to the open air. *Rhus tox.*

Great sensitiveness to cold air. *Solanum nig.*

CHILL, FEVER, SWEAT.—Chilliness and sensitiveness to cold air. *Camph.*

With evening chill, great sensitiveness to cold air and uncovering. *Cyclam.*

SKIN.—Scrofula; extremely sensitive to cold air. *Cistus can.*

SECTION XI.

SENSITIVE TO DRAUGHT.

HEAD, INNER.—Head symptoms worse from a draught of air. *Benz. ac.*

Headache, with restlessness, icy-coldness of the body, bleeding of the nose, constriction in the throat, thirst, nausea and vomiting, from a draught of air. *Cadmium sulph.*

*Headaches worse from draught of air. *Cinchona off.*

Headache, with nausea, in a draught of air. *Hippomanes.*

Tearing headache, frequently only on side of head, with stitches through eyes and cheek-bones, worse from draught of air. *Silicea.*

*One-sided drawing headache from a draught of air. *Valeriana.*

NOSE.—Stoppage of nostrils, coryza from the least current of air. *Elaps. cor.*

Coryza, with cough, from the least current of air. *Natr. carb.*

TEETH.—*Toothache excited by draught. *Calc. carb.*

Toothache worse from current of air. *Cinchon. off.*

Toothache from every cold draught of air. *Sepia.*

*Toothache from the least draught. *Sulph.*

THROAT.—*Sore throat after exposure to a draught of air; stitching from the throat into the right ear, and pains; particularly from motion of the tongue. *Ambra.*

COUGH.—Cough worse from any draught, warm or cold. *Capsicum.*

Cough worse from draught of air. *Causticum.*

Cough worse from least draught. *Chinchona off.*

Cough worse from a draught of air. *Ol. jec. aselli.*

NECK AND BACK.—Rheumatic pain and stiffness of the neck, with dulness of the head, from slight draught of air. *Calc. phos.*

Drawing in muscles of neck from draught of moist air. *Nux mosch.*

LIMBS, UPPER.—Pains in left elbow from draughts of air (at night). *Gelsem.*

NERVES.—Sensitive to draught of air. *Cinch. off.*

GENERALITIES.—Sensitive to draught, liable to take cold. *Anac.*

Very sensitive to cold draughts. *Bovista.*

The least draught of cold air causes suffering. *Cinchon. off.*

Sensitive to every draught. *Graphit.*

*Very sensitive to draught of air. *Nux vom.*

Every draught of air (even if warm) causes pain in limbs, head, etc. *Selenium.*

Every draught of air aggravates. *Veratr. alb.*

CHILL, FEVER, SWEAT.—Chill in open air, particularly in draught. *Capsicum.*

Chilliness in the morning, in bed, and during the day, if cold air blows on him. *Rhodod.*

SKIN.—*Great sensitiveness of the skin to a draught of air. *Ignatia.*

SECTION XII.

BETTER FROM INHALING AIR.

TEETH.—Toothache, stitching and drawing, worse at night, better when drawing in the air. *Clematis erecta.*

Toothache worse at night; better from drawing in air. *Mezer.*

THROAT.—*Heat in throat, better inspiring cold air. *Sanguin. can.*

SECTION XIII.

SENSITIVE TO INSPIRED AIR.

NOSE.—Fluent coryza, dull frontal headache, thin watery discharge; burning, rawness; sensitive to inhaled air. *Æsc. hipp.*

Sensation of coldness in nose when inspiring air. *Ant. crud.*

Coryza and sneezing; every inhalation seems to bring the cold air in contact with the brain. *Cimicifuga.*

Sensation of coldness when drawing air in. *Hippom.*

A feeling of dryness and sensitiveness of the nostrils, so that the inhalation of air of a moderate temperature creates a slightly painful feeling. *Lobelia card.*

Disagreeable smell in nose on inhaling air. *Nitr. ac.*

Nose sensitive when inhaling air. *Psorinum.*

TEETH.—*Teeth sensitive to cold air. *Aconit.*

Tearing in lower molars, worse in cold air. *Agaric.*

Stitches in teeth when drawing air into mouth. *Ant. crud.*

Pinching-pressing pains in upper incisors, with sensitiveness to cold air. *Aranea.*

Sensitive cold feeling in right lower incisor, especially on inspiring, returned next day at the same hour. *Aranea.*

Excruciating pains; cutting, tearing, in all the teeth of right upper jaw, radiating to the ear; worse from external warmth or from inhaling fresh air. *Arnica.*

Toothache caused by drawing air into the mouth. *Aurum.*

*Toothache aggravated by the cold air. *Bellad.*

Sensitiveness of decayed teeth to contact of the air. *Bryon.*

Toothache, drawing stinging, from a draught of air. *Calc. carb.*

Hollow teeth, sensitive to air. *Calc. phos.*

Pain in sound teeth on drawing in cold air. *Caustic.*

*Teeth sensitive to cold air and cold water. *Cina.*

Toothache caused by a draught of air. *Cinchon. off.*

Pain in hollow teeth, they feel too long; gums swollen, tender, feel as if ulcerated; worse from cold air. *Cobalt.*

Slightest draught of cold air causes toothache. *Gymnoclad.*

Tearing in teeth, worse from cold air. *Hyosc.*

*Teeth sensitive to air or touch. *Natr. mur.*

Hot or cold food, drink, or air, increase pain in teeth. *Sabadilla.*

*Tearing in teeth from cold air or drink. *Sarsap.*

*Carious teeth, pain worse at night, and on inhaling cold air. *Silicea.*

Toothache worse from cold air. *Spigel.*

THROAT.—*Sore throat from inhaling the least cold air; not warm air. *Cistus can.*

*Sensation of soreness of throat on inhaling cold air. *Nux vom.*

LARYNX.—Hoarseness, worse in the evening; very sensitive to cold air. *Cimicifuga.*

*Sensitiveness of larynx to cold air. *Hepar s. c.*

Tickling in larynx; every inhalation causes cough (with hoarseness). *Kali bich.*

COUGH.—Cough when inhaling cold air. *Agnus castus.*

Hacking cough, from inhaling cold air. *Allium cepa.*

Whooping-cough, worse from cold air. *Cina.*

Cough, worse from inhaling cold air. *Cuprum met.*

Cough, caused by taking deep inspiration, in evening and night. *Graphit.*

Cough caused by cool air. *Hepar s. c.*

On inspiration the air feels so cold that it seems to be felt unpleasantly in the lung, in heart disease. *Lithium carb.*

*Cough from the slightest inhalation of cool air. *Rumex.*

SECTION XIV.

ILL EFFECTS FROM HAVING HAIR CUT.

HEAD, INNER.—*Headache from having hair cut or taking cold. *Bellad.*

HEAD, OUTER.—*Head affected from having the hair cut. *Phosph.*

EARS.—Hardness of hearing (right ear), as if the ear were obstructed by cotton, after cutting the hair; after chilling the head. *Ledum.*

*Deafness, as if ears were stopped up, from cold, after cutting hair, with hard black cerumen. *Pulsat.*

STOOL.—Diarrhœa, worse after taking cold, from having the hair cut. *Bellad.*

GENERALITIES.—*Takes cold from having the hair cut. *Bellad.*

Bad effects from having hair cut. *Glonoin.*

CHAPTER XI.

WEATHER.

SECTION I.

BETTER IN WARM AIR OR WEATHER.

NOSE.—Coryza, fluent in cold room, stopped in warm air and outdoor. *Calc. phosph.*

LIMBS, LOWER.—Chronic ischias, better in summer, worse in winter. *Ignatia.*

ALL THE LIMBS.—Rheumatism in cold season, better in warm. *Calc. phosph.*

GENERALITIES.—Generally better in warm, worse in cold air. *Alum.*

Generally better in warm air, worse in cold wet weather. *Ferrum.*

Amelioration in warm air. *Helleb.*

Better from warm air or becoming warm. *Kali carb.*

Worse in cold weather, better in warm air, but worse from warmth of the bed. *Magn. carb.*

Better from warm weather. *Nitrum.*

Better from warm air. *Nux mosch.*

Better in warm air. *Petrol.*

Better in warm air. *Rhus tox.*

SKIN.—Eczema and salt rheum, better in hot dry weather *Cosmoline, Juglans cin.*

SECTION II.

WORSE IN WARM AIR OR WEATHER.

HEAD, INNER.—*Headache, worse in warm air. *Iodum.*

EYES.—Photophobia, with stitches, worse in sultry weather. *Sulph.*

NOSE.—Coryza; fluent, corrosive, with much sneezing; nostrils bleeding, scurfy; nose red, swollen, shining; worse from either cold or warm air. *Merc.*

TEETH.—Toothache from warm air. *Pulsat.*

STOOL.—Dysentery in autumn or hot weather. *Baptis.*

Diarrhœa, with burning, worse in hot weather. *Bryon.*

Diarrhœa; watery; light yellow; fecal; dark chocolate-colored; cadaverous-smelling; of decomposed blood; looking like charred straw; mixed blood and slime; worse at night, after acids, in warm weather. *Lachesis.*

Piles: old pendulous, ceased bleeding, but pain when touched, worse in warm weather. *Nitric acid.*

Diarrhœa, worse in hot weather. *Podoph.*

SEXUAL ORGANS, FEMALE.—Prolapsus uteri, seemingly from hot weather. *Kali bich.*

BREATHING.—Morning asthma; face cyanotic; light-haired persons; worse after mercury, in wet weather, and warm air. *Aurum.*

SLEEP.—Worse after a siesta on hot days. *Selenium.*

GENERALITIES.—Worse in warm weather; exhaustion, with nightsweats, sleepiness, nausea, vomiting. *Ant. crud.*

Worse in hot weather; worse from sun and heat. *Bellad.*

Symptoms worse in very warm weather. *Borax.*

Rheumatic pains in limbs during warm weather. *Colchic.*

Excessively hot or cold weather causes great debility. *Lachesis.*

CHILL, FEVER, SWEAT.—Chill day and night, even during hot weather. *Aranea.*

SKIN.—Red scabby eruption on thighs and bends of knees, appears with hot weather and with full moon. *Bovista.*

Pain in chilblains during the hot season. *Fragaria.*

*Violent itching of the whole surface; then small pustules form, mostly on arms and legs; scabs smart, pain, and burn; worse in hot, better in cold weather. *Kali bich.*

Scarlatina in hot summer weather; eruption bluish; pulse feeble; burning heat of limbs alternating with coldness. *Veratrum alb.*

SECTION III.

WORSE IN COLD WEATHER.

SENSORIUM.—Vertigo in cold weather. *Sanguinaria.*

PREGNANCY.—Scirrhus of left mamma, with stitches in shoulder or gland, very painful, worse during cold weather. *Clemat.*

BREATHING.—Asthma worse in cold weather. *Apis.*

Respiration slow, asthmatic; paroxysm early in the morning, especially in cold weather. *Digitalis.*

LIMBS, UPPER.—Stitches from shoulder-joint to elbow, or even to wrist, especially after midnight, and in cold or damp weather. *Carburet. sulph.*

ALL THE LIMBS.—Rheumatism in cold season, better in the warm. *Calc. phosph.*

Stitches in limbs during cold weather. *Colch.*

GENERALITIES.—Cold weather aggravates weakness and chest troubles. *Apis mel.*

Generally worse in cold or wet weather, better in warm air. *Ferrum.*

Many symptoms are aggravated in the open air, from growing cold, and in cold weather, from washing or bathing in cold water. *Kreosotum.*

Excessively cold or warm weather causes great debility. *Lachesis.*

Worse in cold weather, better in warm air. *Magn. carb.*

TISSUES.—Erethic chlorosis, worse during cold weather. *Ferrum.*

SKIN.—Skin diseases generally worse in cold weather. *Cosmoline.*

Skin diseases generally worse in cold weather. *Juglans.*

SECTION IV.

BETTER IN COLD WEATHER.

GENERALITIES.—Better in cool weather and from taking cool food. *Bryon.*

Feels less chilly in cold weather. *Mephitis.*

SKIN.—*Violent itching of whole surface, then small pustules form, mostly on arms and legs; scabs smart, pain, and burn; worse in hot, better in cold weather. *Kali bich.*

SECTION V.

WORSE IN DRY WEATHER.

NOSE.—Nasal catarrh, dry, in a dry atmosphere. *Dulcam.*

BREATHING.—Asthmatic attack, seemingly produced by an accumulation of flatus, better from bending the head backwards; worse in dry weather and from warm diet. *Cham.*

NECK, BACK.—Drawing in muscles of neck from draught of moist air. *Nux mosch.*

Distress in the lumbar region during a rainstorm. *Pulsat. nut.*

Small of the back, pains; worse when sitting, worse in wet weather. *Rhododen.*

LIMBS, UPPER.—Stitches from shoulder-joint to elbow, or even to the wrist, especially evident after midnight and during damp or cold weather. *Carburet. sulph.*

Great aching distress in the elbows and wrists during rainy weather. *Erigeron.*

Drawing pains in arms worse in wet weather. *Rhodod.*

LIMBS, LOWER.—Pain in periosteum of the long bones, especially the tibiæ, worse at night in bed, and then the least touch is intolerable; worse in damp weather. *Mezereum.*

Rheumatic pains in right knee, worse in damp weather. *Phytol. dec.*

Severe dull pain in right knee-joint, for two hours in the morning in bed, during a rainstorm. *Pulsat. nut.*

ALL THE LIMBS.—Drawing tearing in the limbs at night and on alternate days; worse at rest: muscles and joints rigid, painful, with numbness, finger-joints inflamed; also with arthritic nodes, swelling of the dorsa of the feet, rheumatism, worse in wet weather, better in warmth. *Lycop.*

Rheumatism from protracted wet weather. *Puls.*

Heavy weak feeling and formication in back and limbs, worse at rest and in rough weather; also drawing tearing in periosteum, mostly in forearms and lower legs, in wet stormy weather. *Rhododen.*

*Rheumatoid pain in limbs, also with numbness and tingling; joints weak, or stiff, or red; shining swellings of the joints;

stitches when touched; worse on beginning to move, after 12 P.M., and in damp wet weather or places. *Rhus tox.*

Rheumatism, bone-pains, after Mercury or checked gonorrhœa, pains worse at night, in damp weather; or after taking cold in the water. *Sarsap.*

NERVES.—Lassitude, torpor, languor; not disposed to move or make any mental exertion; worse in damp weather. *Sanguin.*

GENERALITIES.—In wet stormy weather, ill-humor. *Amm. carb.*

Generally worse in wet weather. *Calc. carb.*

Worse in rainy weather. *Erigeron.*

Generally worse in cold or wet weather, better in warm air. *Ferrum.*

Worse in damp weather, before a thunderstorm. *Gelsem.*

Worse in wet weather and cool evening air. *Merc.*

Great sensitiveness to damp weather. *Mur. ac.*

Symptoms all worse before a rain. *Rhus ven.*

Worse in wet weather. *Rhus tox.*

CHILL, FEVER, SWEAT.—Chill day and night, worse in wet weather. *Aranea.*

TISSUES.—Rheumatism and gout; pains shift; joints swollen, red; periosteum affected, especially in mercurialization and syphilis; pains in the middle of the long bones or attachment of muscles; worse in damp weather or at night. *Phytolacca.*

SECTION VIII.

WORSE IN HOT DAMP AIR OR WEATHER.

THROAT.—Sore throat in those predisposed to fulness of the veins, worse in warm moist air. *Hamamelis.*

STOOL.—*Diarrhœa in hot damp weather. *Aloe.*

*Diarrhœa in hot damp weather. *Colchic.*

*Acute enteritis (catarrhal) in hot damp weather. *Gels.*

LARYNX.—Chronic hoarseness and aphonia, worse from damp evening air, warm wet weather. *Carbo veg.*

BREATHING.—Asthma in hot damp weather, worse after sleep. *Bellad.*

GENERALITIES.—Worse in changes of weather, especially warm damp weather. *Carbo veg.*

Takes cold easily from every exposure, but especially to warm moist air. *Hamamelis.*

Worse in moist warm winds, south winds; catarrh, asthma. *Ipecac.*

Worse in hot foggy weather *Mangan. acet.*

SECTION IX.

WORSE IN COLD DAMP WEATHER.

HEAD, INNER.—Chilliness in cerebellum and over the back, returning every evening; cerebellum and whole head as if enlarged; worse cold damp weather. *Dulcam.*

Headache worse from cold damp weather. *Nux mosch.*

*Pain in forehead and temples, when lying in bed in morning, worse in wet cold weather. *Rhododen.*

HEAD, OUTER.—Temples sensitive to touch and from lying on them, worse wet cold weather, better from warmth. *Nux mosch.*

*Violent drawing and tearing in the bones, and the periosteum of the cranial bones, during thunderstorm; and wet, cold, stormy weather. *Rhododen.*

*Contractive pain as from a band around the cranium, with sensation as though the flesh were loose, followed by inflamma-

tion, swelling, and caries of the bones; worse in wet cold weather. *Sulph.*

EYES.—Inflammation of the eyes, lids agglutinated in the morning; discharge of blood from the eyes; inflammation caused by exposure to cold damp atmosphere. *Cham.*

Tearing pain in eyes depriving one of sleep, worse in cold damp weather. *Veratr. alb.*

EARS.—Dull hearing, relieved by blowing the nose, worse during cold rainy weather. *Mangan. acet.*

NOSE.—Dry coryza, with complete obstruction of the nostrils, crampy pain at the root of the nose, worse in cold wet weather. *Mangan. acet.*

Catarrh worse in cold damp weather. *Nux mosch.*

FACE.—*Face pale during cloudy weather. *Aloe.*

Looks thin, suffering expression, blue around eyes, deadly pale, worse in damp air. *Nux mosch.*

TEETH.—Pain in front teeth during pregnancy, stinging tearing, worse during cold damp weather. *Nux mosch.*

TONGUE.—Paralysis of tongue (in damp and cold weather). *Dulcam.*

ABDOMEN.—Hæmorrhoidal colic, mornings, during cold misty weather. *Argent nit.*

*Acute catarrhal enteritis in cold damp weather. *Gelsem.*

STOOL.—*Diarrhœa from cold, or change from warm to cold, especially cold damp weather; dysentery from cold damp weather. *Dulcamara.*

Stools worse at night, exhausting, associated with sleepiness, fainting, worse from cold damp weather. *Nux mosch.*

*Diarrhœa from wet cold weather. *Rhododen.*

Diarrhœa from cold damp weather. *Zingiber.*

URINE.—Urine loaded with slimy mucus; exposure to damp cold. *Cann. ind.*

SEXUAL ORGANS, MALE.—Gonorrhœa checked by cold wet weather. *Sarsap.*

PREGNANCY.—Lochia suppressed by cold or damp weather. *Dulcam.*

LARYNX.—Hoarseness and rawness, with aphonia, in damp cool weather. *Carbo veg.*

Burning and stinging in larynx, especially in open air, during wet and cold weather. *Chenopod.*

BREATHING.—Asthma in damp cold weather. *Veratr. alb.*

COUGH.—Cough worse in cold wet weather. *Carbo veg.*

OUTER CHEST.—Sticking in muscles of ribs, left side, after walking out during thawing weather. *Merc. bi-iod.*

LIMBS, UPPER.—Tearing in the forearm, as if in the periosteum, during wet cold weather. *Rhodod.*

Tearing and burning in the shoulder, arm lame, worse in cold wet weather. *Rhus tox.*

*Wrists feel as if sprained, stiff; worse in wet cold weather. *Ruta grav.*

LIMBS, LOWER.—Rheumatic pains in the lower extremities and feet, as if in periosteum, during wet cold weather. *Rhodod.*

Sciatica, right side, dull, aching pain, worse at night in cold or damp weather. *Rhus toxicod.*

ALL THE LIMBS.—Pains in limbs worse in wet cold weather. *Ruta grav.*

*Pains in limbs worse in wet cold weather. *Veratr. alb.*

GENERALITIES.—Colds, after damp cold weather and wind. *Allium cepa.*

Ailments from cold and damp, with constant chilliness. *Aranea.*

Consequences of getting cold when the weather is wet and cold. *Berber.*

Great sensitiveness to moist, cold air. *Calc. carb.*

Consequences of cold and wet or damp weather. *Formica.*

Worse in cold damp weather. *Merc. protiod.*

Aversion to open air; sensitive to cold, damp, stormy, windy weather. *Mur. ac.*

Worse during wet cold weather. *Nitrum.*

Worse during wet cold weather. *Nux mosch.*

Generally worse in cold, damp, raw weather. *Rumex.*

CHILL, FEVER, SWEAT.—Chilliness in open, especially in wet, cold air, with very pale face; at once relieved in the warm room. *Nux mosch.*

SKIN.—The skin is sensitive to cold wet weather. *Nux mosch.*

SECTION X.

SENSITIVE TO CHANGE OF WEATHER.

INNER HEAD.—Headache worse from change of weather, extending from the forehead to the nose, or from temple to jaw, with some rheumatic feeling from clavicles to the wrists. *Calc. phosph.*

Head aches worse from change of weather. *Nux mosch.*

*Headache caused or aggravated by change of temperature. *Ranunc. bulb.*

Pressing, stupefying headache when entering warm room from cold air, and vice versa. *Verbasc. thaps.*

HEAD, OUTER.—Sensitiveness of outer head to cold and change of weather. *Borax.*

Eczema on margin of hair in front; worse coming from the cold into a warm room. *Hydrastis.*

Tension in skin of forehead and in face, as if the skin were not large enough; worse from change of temperature. *Phosphor.*

EYES.—Superciliary-ridge pains; worse from any change of weather. *Spigelia.*

EARS.—Hardness of hearing, as if the ears were closed up; affected by change of weather. *Mangan. acet.*

Pain in Eustachian tube as from a rough body (on change of weather), previous to wind and rain. *Nux mosch.*

NOSE.—Fluent coryza, on sudden change of weather. *Camph.*

FACE.—Violent tearing-jerking faceache; worse in the wind and from changes of weather. *Rhodod.*

Faceache from changes of temperature. *Verbasc. thaps.*

TEETH.—Toothache from cold in the first warm spring days. *Pulsat.*

Neuralgia and toothache worse from change of weather. *Rhodod.*

STOOL.—*Dysentery or inflammatory diarrhœa during hot days and cold nights. *Acon.*

*Diarrhœa during hot or changeable weather. *Bryon.*

Diarrhœa during lying-in, worse from change of weather. *Rheum.*

SEXUAL ORGANS, FEMALE.—Pain in ovaries, worse in change of weather. *Rhododen.*

LARYNX.—Swelling of bronchial glands; subacute processes from cold or atmospheric variations. *Merc. bi-iod.*

BREATHING.—Oppressed breathing, from changes of warmth and cold. *Arsen. alb.*

Spasmodic asthmatic attacks with changes of the weather from

clear to damp, or before storms; after lesion of spinal cord from a fall years before. *Hyper.*

Cough coming into warm room from cold air. *Ant. crud.*

COUGH.—*Gagging, persistent cough from tickling in throat, under the sternum or in stomach; worse from change of temperature. *Laches.*

*Cough on change of weather, change from warm to cold air. *Phosph.*

Cough on change of rooms. *Rumex.*

Cough on change of weather. *Veratr. alb.*

LIMBS, UPPER.—Shooting from clavicle to wrist; worse from change of weather. *Calc. phosph.*

Crackling and stitches in shoulder and arms on every change of weather. *Carburet. sulph.*

LIMBS, LOWER.—Pain in thighs, worse from changes of weather, mostly before heavy wind. *Berberis.*

NERVES.—*Acute, sudden, darting pains; shooting, tearing, along the tracks of the nerves; especially if aggravated by changes in the weather. *Gels.*

GENERALITIES.—Worse in changes of weather, especially warm damp weather. *Carbo veg.*

Renewal of ailments on change of weather. *Cham.*

Tingling in many parts of the body, as if frostbitten, when the weather changes. *Colchic.*

*Pains on change of temperature or weather. *Nitric ac.*

*Worse on change of weather. *Rhus tox.*

*Generally worse from cool change of weather. *Rumex.*

SENSATIONS. — Neuralgic pains shooting like lightning, worse on left side, worse from change of temperature. *Magn. carb.*

TISSUES.—Languid circulation, limbs cold, skin pallid, sensitive to atmospheric changes. *Sanguinaria.*

SECTION XI.

WORSE WHEN TEMPERATURE CHANGES FROM WARM TO COLD.

EYES.—Inflammation of eyes caused by exposure to cold damp atmosphere, or every cold change of weather. *Cham.*

THROAT.—Tonsillitis from every cold change. *Dulcam.*

STOOL.—*Diarrhœa from cold, or change from warm to cold, especially cold damp weather. *Dulcam.*

COUGH.—Cough worse going from warm to cold places. *Carbo veg.*

Cough worse from change from warm to cold air, or change of weather. *Phosph.*

Cough, short, dry, hacking, loose, rattling, worse going from warm to cold. *Verat. vir.*

LUNGS.—Tuberculosis in scrofulous subjects, also worse in changes from warm to cold. *Dulcam.*

NERVES.—Trembling of limbs, with oppression of breathing after fright or anger, worse from change of temperature, especially from heat to cold. *Ranunc. bulb.*

GENERALITIES.—Worse in sudden changes, from warm to cold. *Bellad.*

SKIN.—*Rash as soon as he goes from the warm room into the cold air. *Sarsap.*

SECTION XII.

WARM DAYS AND COLD NIGHTS.

STOOL.—Catarrhal diarrhœa in children, or in warm weather when the nights are cold and damp. *Æsclep.*

GENERALITIES.—Worse in warm days and damp cool nights. *Merc.*

SECTION XIII.

SENSITIVE TO WIND.

SENSORIUM.—Vertigo worse in windy weather. *Calc. phosph.*

HEAD, INNER.—*Pulsating unilateral headache, with one red cheek, worse in wind. *Chamom.*

HEAD, OUTER.—*Scalp sensitive to touch, or to the wind. *Nux vomica.*

*Liable to take cold on the head, mostly from dry wind or from a draught. *Nux vomica.*

EYES.—Burning-smarting lachrymation, particularly in wind. *Euphras.*

Lachrymation in open air, especially in wind. *Phosph.*

*Lachrymation in open air, and in the wind. *Pulsat.*

FACE.—Violent tearing-jerking faceache, worse in wind and from changes of weather. *Rhododend.*

TEETH.—Drawing pain in molars when walking in wind. *Graph.*

HYPOCHONDRIA.—Spasm of the diaphragm during prevailing south winds. *Veratr. alb.*

THROAT.—Involuntary deglutition, especially when walking in the wind. *Conium.*

LARYNX.—*Hoarseness, worse walking against the wind. *Nux mosch.*

COUGH.—Cough worse after sharp winds. *Capsicum.*

Cough worse when at rest, or walking in wind. *Euphras.*

Cough worse in the wind. *Lycopod.*

Cough from walking in the wind. *Stramon.*

LIMBS, LOWER.—Pain in the thighs, worse from changes of weather, mostly before heavy wind. *Berberis.*

GENERALITIES.—Oversensitive to winds. *Chamom.*

Worse in damp weather, before thunderstorm; southeast wind. *Gelsem.*

Worse in windy (stormy) weather. *Nux vom.*

SECTION XIV.

WORSE FROM DRY COLD WINDS.

SENSORIUM.—*Vertigo from congestion, as in the sun, after dry cold winds. *Acon.*

HEAD, INNER.—*Headache from walking in open air, especially in the cold wind. *Muriat. ac.*

HEAD, OUTER.—*Catches cold in head, especially from dry cold air. *Hyoscyam. nig.*

*Disposed to take cold from dry cold wind. *Sepia.*

*Roots of hair sensitive to cold north winds. *Sepia.*

EYES.—Conjunctivitis from cold dry winds. *Acon.*

EARS.—Sharp pain in both ears, especially left, when riding in a sharp cold wind. *Arsen. iod.*

NOSE.—Coryza, violent sneezing, fever, thirst, restlessness, caused by dry cold air or winds. *Acon.*

Fluent coryza; hoarseness; croupy cough; after dry cold winds. *Spongia.*

TEETH.—Toothache from exposure to cold dry winds. *Acon.*

LARYNX.—*Croup, awaking in first sleep; child in agony; impatient, tosses about; dry short cough, but not much wheezing or sawing breathing; cough and loud breathing *during ex-*

piration; expiration ending with a hoarse hacking cough; after exposure to dry cold winds. *Acon.*

Loss of voice after exposure to northwest wind. *Arum triph.*

Hoarseness as soon as he breathes dry cold air. *Cupr. met.*

COUGH.—Cough worse after sharp winds, dry, cold weather. *Capsicum.*

Cough worse from cold air, dry winds. *Chamom.*

Cough from dry cold wind or air. *Hepar.*

*Cough from dry cold air. *Sambucus.*

Cough worse from dry cold winds. *Spongia.*

LUNGS.—Hæmoptysis, palpitation, anxiety, stitches in the chest, from exposure to dry cold air. *Acon.*

GENERALITIES.—*After cold land wind, west to northwest, in coughs or croups. *Acon.*

*Worse from dry cold air. *Acon.*

Dry cold weather aggravates rheumatism. *Asarum Eur.*

Generally worse from riding in cold wind. *Rumex.*

CHAPTER XII.

WATER.

SECTION I.

ILL EFFECTS OF GETTING WET.

HEAD, INNER.—Congestion to head, buzzing in ears, dull hearing; worse from getting feet wet. *Dulcam.*

Head affected after getting wet. *Ledum.*

Severe headache caused by getting wet. *Natr. mur.*

Meningitis from getting wet. *Rhus tox.*

HEAD, OUTER.—*Disposition to take cold in the head; worse when it gets wet. *Pulsat.*

Liability to take cold from having head wetted. *Rhus tox.*

Disposed to take cold on getting head wet. *Sepia.*

EYES.—Ptosis, also paralysis of any of the muscles of eye-ball, from getting wet. *Rhus tox.*

NOSE.—Nosebleed; hot, clear blood; pressure above nose; worse after getting wet. *Dulcam.*

HYPOCHONDRIA.—Diaphragmitis, oppression of chest, like a pressing load; dry cough, loss of breath; from getting wet. *Nux mosch.*

ABDOMEN.—Colic from getting feet wet. *Pulsat.*

Colic, he must walk bent, after getting wet. *Rhus tox.*

STOOL.—Diarrhœa from getting wet. *Acon.*

URINE.—Bright's disease from exposure to cold and dampness. *Dulcam.*

*Tearing in the region of the kidneys ; œdema ; after exposure to wet. *Rhus tox.*

Urine voided slowly, spine affected from exposure to wet. *Rhus tox.*

SEXUAL ORGANS, FEMALE.—*Menses suppressed from getting feet wet. *Puls.*

Amenorrhœa from getting wet. *Rhus tox.*

LARYNX.—Hoarse and husky shortly after getting a little wet in an evening shower. *Merc. bi-iod.*

COUGH.—Dry cough, with oppressed breathing, from taking cold by standing in the water. *Nux mosch.*

OUTER CHEST.—Rheumatism of the lower intercostal from exposure to cold and dampness. *Phytolacca.*

NECK, BACK.—Spinal membranes inflamed, even myelitis, from getting wet or sleeping on the damp ground. *Rhus tox.*

LIMBS, UPPER.—*Panaritium, especially if pain is better outdoors ; from living in damp places. *Natr.sulph.*

LIMBS, LOWER.—Violent tearing in soles ; feet swollen, sore to touch; worse around ankles ; after washing the floor. *Merc. bi-iod.*

Paralysis of lower limbs, from getting wet. *Nux vom.*

Paroxysmal pains in the legs from getting wet, especially when warm and sweaty. *Rhus tox.*

Paralysis of the feet from suppressed footsweat; by getting wet. *Zincum.*

ALL THE LIMBS.—Pain flying about in all parts of rump and limbs, after getting wet in the rain. *Talc. phosph.*

Rheumatism after exposure to wet. *Dulcam.*

Rheumatism from getting wet, especially the feet. *Pulsat.*

*Rheumatism and bone pains, after taking cold in the water. *Sarsap.*

NERVES.—Paralysis after sudden suppression of sweat, particularly footsweat, by getting wet. *Colchic.*

*Rheumatic paralysis from getting wet or lying on damp ground. *Rhus tox.*

*Fainting after getting wet. *Sepia.*

GENERALITIES.—Bad effects from getting feet wet. *Agnus.*

Bad effects from getting feet wet. *Allium cepa.*

Worse getting wet through, but better from washing or moistening the parts in cold water. *Apis mel.*

Worse from washing and cold water. *Calc. carb.*

Worse from getting wet. *Rhus tox.*

Disposed to take cold if head gets wet. *Sepia.*

CHILL, FEVER, SWEAT.—Intermittents from living in damp regions, or near newly turned ground. *Natr. mur.*

SKIN.—*Urticaria from getting wet. *Rhus tox.*

SECTION II.

BETTER FROM WASHING.

HEAD, INNER.—Compressive headache, with stupefaction and lethargy, better from washing the head. *Ant. tart.*

Pain in head, with watering and burning of the eyes, relieved by washing. *Asarum Europ.*

Pain as if brain had not room enough in forehead; when rising in the morning a forcing outward, better after washing and eating. *Psorinum.*

Dull stitches from within outward, on top of head, worse after washing, but better while washing. *Spigelia.*

LOWER JAW.—Dry, shrivelled, cracked lips, must moisten them with the tongue continually. *Amm. mur.*

STOOL.—Blind, internally painful hæmorrhoids during and after stool, worse from cold or warm water, better from wetting with saliva. *Bromium.*

GENERALITIES.—Many symptoms disappear after washing. *Aur. met.*

CHILL, FEVER, SWEAT.—Heat of right side or on upper part of body, lessened by movement or washing. *Pulsatilla.*

SECTION III.

WORSE FROM WASHING.

HEAD, INNER.—Violent headache after bathing in the river, with weakness of limbs and aversion to food. *Ant. crud.*

Headache from washing or bathing. *Canth.*

Headaches are worse from washing or getting wet. *Nux mosch.*

Dull stitches in head, better while washing it, but worse after. *Spigelia.*

HEAD, OUTER.—Disposition to take cold about the head after getting wet or bathing in cold water. *Ant. crud.*

Eczema on head oozes after washing. *Hydrast. can.*

Tinea capitis, worse washing it when he is warm. *Phytolacca dec.*

Disposition to take cold after getting head wet. *Pulsat.*

EYES.—Eyes gum together in the morning, with burning in canthi after washing. *Ammon. mur.*

NOSE.—Nosebleed when washing face after dinner, or in morning. *Ammon. carb.*

Nosebleed after washing the face. *Arnica.*

Nosebleed after washing the face. *Cinchon. off.*

Nosebleed when washing the face. *Kali carb.*

FACE.—Rash in face, itching in warmth, becoming red and burning when moistened. *Euphras.*

Blotches in face, worse in P.M., after washing. *Phytol.*

Skin hot and red, peels off when washed. *Thuja.*

LOWER JAW.—Nose, lips, mouth, and throat dry, no relief from water. *Phosph.*

TEETH.—Pain in front teeth, worse from washing. *Nux mosch.*

*Toothache from washing clothes, from having the hands in cold or warm water. *Phosph.*

STOOL.—*Diarrhœa while being washed, dirty water soaking napkin through. *Podoph.*

COUGH.—*Cough excited by standing in the water, bathing. *Nux mosch.*

LARYNX.—Spasmus glottidis, starts from sleep with short inhalations or gasping, with wheezing; cold sweat; blue face; worse when put into the bath. *Coffea.*

NECK AND BACK.—Backache after washing, with prolapsus uteri. *Podoph.*

LIMBS, UPPER.—Pricking swollen feeling of hands, after washing them. *Æsc. hipp.*

Rough scaly skin between the fingers, with burning when touched by water. *Laurocerasus.*

Cramps in single fingers, especially while washing. *Tabac.*

LIMBS, UPPER.—Sciatic pains caused by working in water. *Calc. carb.*

GENERALITIES.—Worse from wet poultices. *Ammon. carb.*

Worse from washing or moistening diseased part. *Baryta carb.*

Aggravation from moistening the diseased parts. *Lycop.*

Worse from water or washing. *Nux mosch.*

SENSATIONS.—Sensation as if head, face, and hands were swollen, worse after washing. *Æthus. cynap.*

SKIN.—Moist eczema itches terribly, worse from washing in cold water or from wet poultices. *Clematis erecta.*

Rhagades especially in those who work in water. *Calc. carb.*

Eruption of itching pustules, ceasing to itch after scabbing over, worse washing. *Dulcam.*

SECTION IV.

WET APPLICATIONS.

ABDOMEN.—Coldness of abdomen and lower limbs, with aching of bowels, relieved by warm wet applications. *Æthus. cynap.*

Colic better from hot wet cloths. *Nux mosch.*

GENERALITIES.—Severe continued pain in head and eyes, heat of head and red face, slightly relieved by cool wet compress; on its removal the forehead is covered with a measlelike rash. *Fagopyrum.*

Aggravation from wet (warm) poultices. *Lycop.*

SECTION V.

BETTER FROM COLD WASHING OR BATHING.

MIND.—Dulness with every headache, better from cold washing. *Calc. phosph.*

Mania; rage, quieted only by washing head in cold water. *Sabadilla.*

HEAD, INNER.—Headache better from cold water. *Acon.*

*Menstrual headache relieved by cold water. *Aloes.*

Pressive tension in forehead, on awaking, relieved by cold water. *Ant. tart.*

Headaché, beating or pressure as from a load on brain, cold washing relieves temporarily. *Arsen. alb.*

Headache relieved by cold water applications. *Cyclam. Eur.*

Weight and throbbing in the forehead on waking, better by cold washing. *Phosph.*

Headaches better from washing head with cold water. *Spigel.*

EYES.—Lids hard; red, swollen, feel tense; hot, dry, burning, and sensitive to air; cold water relieves the dry heat. *Acon.*

FACE.—Isolated stitches in the face, worse in evening in bed warmth aggravates, cold water relieves the pain. *Chelid.*

Heat in face, wants to wash it with cold water. *Fluor. ac.*

STOOL.—*Hæmorrhoidal tumors, painful, sore, tender, and hot, relieved by cold water. *Aloes.*

SEXUAL ORGANS, FEMALE.—Leucorrhœa, acrid, corrosive, profuse, relieved by cold washing. *Alumina.*

During menstruation, headache relieved by cold water. *Aloes.*

COUGH.—Dry cachectic cough, relieved somewhat by washing the chest with cold water. *Borax veneta.*

GENERALITIES.—Worse from getting wet through, but better from washing or moistening the part in cold water. *Apis mel.*

Cold water relieves the pain, burning and swelling of the sting. *Apis.*

The burning pains are removed by washing in cold water. *Formica.*

*Feels pleasant after ice-cold washing. *Mephitis.*

Inclination for open air and to wash in cold water. *Natr. mur.*

The itching and burning subdued by bathing in cold water. *Rhus ven.*

CHILL, FEVER, SWEAT.—General heat with nausea from the slightest motion, with inclination to uncover, but mostly to wash with cold water. *Fluoric ac.*

SECTION VI.

WORSE FROM COLD WASHING OR BATHING.

MIND.—Child cries when washed in cold water, better washed in warm water. *Antim. crud.*

HEAD, INNER.—Headache in the posterior upper and inner part of the head, worse from washing with cold water. *Formica.*

EYES.—*Burning in eyes, lachrymation and aversion to light, especially in the morning, after washing in cold water. *Nitrum.*

FACE.—Neuralgia after cold washing and overheating. *Ferrum.*

TEETH.—Toothache from having hands in cold or warm water. *Phosph.*

*Toothache from washing with cold water. *Sulph.*

STOOL.—Diarrhœa after cold bathing. *Ant. crud.*

Blind, internally painful hæmorrhoids during and after stool; worse from cold or warm water, better from wetting with saliva. *Bromium.*

BREATHING.—Chest as if too narrow, after cold washing. *Nux mosch.*

LIMBS, UPPER.—Rhagades worse in winter and from washing (cold). *Alum.*

Hands look blue and veins distended, after washing in cold water. *Ammon. carb.*

Spreading blisters on the swollen hands and fingers, aggravated by cold water. *Clematis erect.*

ALL THE LIMBS.—Muscular rheumatism worse from cold wet clothes. *Nux mosch.*

NERVES.—Convulsive twitches from cold bathing. *Rhus tox.*

GENERALITIES.—Worse from washing and cold water. *Calc. carb.*

Many symptoms are aggravated by bathing or washing in cold water. *Creasot.*

Cold washing, increases or causes pain, causes difficult breathing. *Lobelia.*

*Sensitive to cold washing in the morning. *Mezer.*

SKIN.—*Eczema itching terribly, worse from cold washing. *Clematis.*

SECTION VII.

BETTER FROM WARM BATHING.

MIND.—Child cries when washed in cold water, better washed in warm water. *Ant. crud.*

SECTION VIII.

WORSE FROM WARM BATHING.

SENSORIUM.—Vertigo from stooping and on using warm water. *Sumbul.*

TEETH.—Toothache from washing clothes, from having the hands in warm or cold water. *Phosph.*

STOOL.—Blind, internally painful hæmorrhoids during and after stool; worse from cold or warm water. *Bromium.*

GENERALITIES.—Symptoms more marked from the action of hot water. *Guarea.*

SECTION IX.

WORSE FROM SEA BATHING.

TEETH.—Herpes (yellowish) in the mouth from sea bathing. *Zinc.*

TONGUE.—Herpes on tongue from sea bathing. *Natr. mur.*

COUGH—Bloody expectoration brought on by sea bathing. *Magn. mur.*

LUNGS.—Congestion of blood to the chest from bathing in the sea. *Magn. mur.*

NERVES.—Great weakness from a sea bath. *Magnes. mur.*

OTHER DRUGS.—Bad effects of sea bathing antidoted by. *Arsen.*

SECTION X.

CHILDREN DISLIKE BEING WASHED.

GENERALITIES. — Generally children dislike washing. *Amm. carb.*

Aversion to washing. *Ant. crud.*

*Children dislike being bathed. *Sulph.*

CHAPTER XIII.

THE SEASONS.

SECTION I.

WORSE IN SPRING.

NOSE.—Spring coryza; tingling and itching in right nostrils. *Allium cepa.*

Coryza in spring and summer weather. *Gelseminum.*

TEETH.—Toothache worse in spring. *Pulsat.*

STOOL.—*Diarrhœa worse during spring and summer. *Laches.*

COUGH.—Epidemic whooping-cough, spring or autumn. *Verat. alb.*

OUTER CHEST.—Sycotic exanthema every spring. *Natr. sulph.*

GENERALITIES.—Worse during the spring. *Ambra.*

Spring boils, etc. *Bellad.*

Intermittent fever paroxysms come on every spring. *Laches.*

Worse in cold damp weather, in spring, *Merc. protiod.*

Worse in spring and summer, eruptions. *Sarsap.*

SECTION II.

WORSE IN SUMMER OR HOT WEATHER.

NOSE.—Every year in August morning coryza, with violent sneezing, very sensitive to odor of flowers and skin of peaches (lasting two or three weeks). *Allium cepa.*

Coryza in spring and summer weather. *Gelsem.*

FACE.—*Roughness of cheeks, during every summer. *Kalmia.*

Red pimples on the forehead, cheeks, and around the mouth, whole face red, every summer. *Muriat. ac.*

STOOL.—Diarrhœa during hot or changeable weather. *Bryon.*

Diarrhœa worse during summer. *Croton tig.*

Diarrhœa with colic, especially during the summer. *Dulcam.*

*Periodical dysentery every year, early part of summer. *Kali bich.*

Diarrhœa during hot weather, summer or spring. *Laches.*

*Stools worse from summer heat. *Nux mosch.*

Summer diarrhœa, especially of children. *Oleum ricini.*

Diarrhœa of children in summer. *Œnothera biennis.*

Diarrhœa worse during summer. *Rheum.*

Dysentery in summer, renewed before thunderstorm. *Rhus tox.*

Intestinal catarrh, coming on suddenly at night, in summer; vomiting and purging. *Veratr. alb.*

GENERALITIES.—In the summer season frequently indicated. *Æthus. cyn.*

Chill day and night, even during summer. *Aranea.*

Worse in heat of sun, or in summer. *Natr. mur.*

Worse in spring and summer; eruptions. *Sarsap.*

SECTION III.

WORSE IN AUTUMN.

STOOL.—Dysentery chiefly catarrhal or autumnal. *Asclepias tub.*

Dysentery, rigors; pains in the limbs and small of the back; stools small, all blood, not very dark, but thick; tenesmus; great

prostration; brown tongue; low fever; in the autumn or in hot weather. *Baptis. tinct.*

Autumnal dysentery. *Colchic.*

Autumnal diarrhœa; much griping about navel. *Ipecac.*

Autumnal bilious diarrhœa and cholera morbus. *Iris versic.*

BREATHING.—Asthma; looks as if dying; worse autumn, wet weather, or after depletion. *Cinchona off.*

GENERALITIES.—Worse in the fall, with warm days and damp cold nights. *Merc.*

SECTION IV.

WORSE IN WINTER.

COUGH.—Hoarseness and cough from rattling mucus in trachea, especially during winter. *Cham.*

Cough returns every winter. *Psorinum.*

CHEST, OUTER.—Pleuritis falsa in winter season. *Kalmia latifolia.*

LIMBS, UPPER.—Rhagades worse in winter and from washing. *Alum.*

*Deep bloody rhagades on the hands, thick crusts, worse during winter. *Petroleum.*

LIMBS, LOWER.—Chronic ischias, better in summer, worse in winter. *Ignatia.*

GENERALITIES.—Worse in winter and in dry weather. *Ipecac.*

Cough returns every winter. *Psorinum.*

Worse in winter. *Rhus tox.*

SKIN.—Skin symptoms worse in winter. *Alum.*

Chilblains every winter. *Nux mosch.*

CHAPTER XIV.

New or Full Moon.

HEAD, OUTER.—Humid scurf, worse about the temples, bleeding when scratched, worse at new and full moon. *Alum.*

EARS.—Violent nocturnal roaring; ears feel stuffed at times; during the full moon. *Graphites.*

*Difficult hearing, especially of the human voice, and during the full moon. *Silicea.*

SEXUAL ORGANS, FEMALE.—Uterine flow during new or full moon. *Crocus sat.*

Leucorrhœa in starts, milky, blood red, worse before the full moon. *Lycop.*

PREGNANCY.—Scirrhus of left mamma, with stitches in the shoulder or gland, very painful, during increasing moon. *Clematis.*

COUGH.—Paroxysms of cough recur at new and full moon. *Sabad.*

NERVES.—Epilepsy worse during solstice and full moon. *Calc. carb.*

*Spasms spread from the solar plexus to brain; comes at night or during full moon. *Silicea.*

ATTACKS.—Worse during full moon. *Amm. carb.*

Some symptoms worse toward new moon. *Calc. carb.*

Epileptic attacks at night during full moon. *Calc. carb.*

Painful tetter over whole body, red and moist during increas-

ing moon, pale and dry during the decreasing moon. *Clematis.*

Worse during full moon. *Natr. carb.*

Many complaints appear during new and full moon. *Sabad.*

*Worse during increase of moon (mental symptoms). *Silicea.*

*Ear symptoms worse at full moon. *Silicea.*

Worse during full moon. *Sulph.*

SKIN.—Skin symptoms worse new and full moon. *Alum.*

Red, scabby eruption on thighs and bends of knees, appears with hot weather and with full moon. *Bovista.*

Painful tetter over the whole body, red and moist during increasing moon, pale and dry during the decreasing moon. *Clematis.*

CHAPTER XV.

EFFECTS OF THUNDERSTORM.

MIND.—*Restlessness, with attacks of anxiety, especially during a thunderstorm. *Natr. carb.*

*Anxious and restless during a thunderstorm. *Phosph.*

HEAD, OUTER.—*Violent drawing and tearing in the bones, and periosteum of cranial bones, during a thunderstorm. *Rhododen.*

EYES.—Shooting pain outward, worse before a storm. *Rhododen.*

THROAT.—Pain along Eustachian tube, as from a foreign body lodged there, before a shower. *Nux mosch.*

STOOL.—Dysentery in summer, renewed before thunderstorm. *Rhododen.*

SEXUAL ORGANS, FEMALE.—Menstrual disturbances before thunderstorm. *Natr. carb.*

BREATHING.—Spasmodic asthmatic attacks with changes of weather from clear to damp, or before storms, after lesion of the spinal cord by a fall years before. *Hypericum.*

COUGH.—Cough worse before a thunderstorm. *Phosph.*

NERVES.—Twitching of eyelids and eyeballs; trembling of legs and hands; debility; soreness of spine; worse at approach of thunderstorm. *Agaric. musc.*

GENERALITIES.—Worse in damp weather and before thunderstorm. *Gels.*

*Many ailments worse before and during thunderstorm. *Petrol.*

Feels a restlessness in his blood days before and during a thunderstorm. *Psorin.*

*Debility during thunderstorm and sleepiness. *Silicea.*

CHILL, FEVER, SWEAT.—Chill on approach of a storm. *Zincum.*

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